

6-28-2016

# Tunable Nano-Delivery System for Cancer Treatment: A New Approach for Targeted Localized Drug Delivery

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Tunable Nano-Delivery System for Cancer Treatment:  
A New Approach for Targeted Localized Drug Delivery

by

Rana Falahat

A dissertation submitted in partial fulfillment  
of the requirements for the degree of  
Doctor of Philosophy  
Department of Chemical and Biomedical Engineering  
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Date of Approval:  
June 22, 2016

Keywords: Chlorotoxin, Chitosan Hydrogel, Niosome,  
ATR-FTIR, Glioma

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## DEDICATION

I would like to dedicate this dissertation to:

My parents *Amineh Moloudi* and *Hedayat Falahat*,

My sister *Ayda Falahat*,

My brother *Ata Falahat*,

And my husband *Dr. Ahmadreza Sedaghat*.

## ACKNOWLEDGMENTS

I would like to express my deepest appreciation to my advisor, *Dr. Norma Alcantar*, thank you for your endless encouragement, guidance and support. Thank you for giving me the incredible opportunity of working on this project and allowing me to grow as a research scientist. I am forever indebted to you for shaping my research life.

I would also like to extend my gratitude to *Dr. Marzenna Wiranowska*. I am deeply grateful to you for introducing me to cancer research and training me in cell culture experiments. Thank you for your constant support and advice.

*Dr. Ryan Toomey*, thank you for designing and pioneering this project. Your lessons in scientific and engineering problem solving skills have been incredibly helpful in shaping my research career.

*Dr. Nathan Gallant*, thank you for your guidance, support and insightful comments at different stages of my research. Your help has been invaluable particularly through the Cell ELISA studies.

*Dr. Mark Jaroszeski*, I am grateful to you for your valuable insights in nanoparticle preparation and characterization which helped me to improve my knowledge in this area. I would also like to thank you for letting me use your lab when I needed it.

A special thanks to *Robert Hill* at the Cell Biology, Microbiology and Molecular Biology (CMMB) Core Facility for his great assistance and valuable discussion regarding flow cytometry and Western blotting studies.

I would like to thank *Edward Haller* at the Integrative Biology Microscopy Core Laboratory for providing extensive training for transmission electron microscopy (TEM) studies.

I would like to acknowledge *Dr. Vinay Gupta* and *Dr. Patricia Kruk* for the instrumental support.

I would also like to express my gratitude to the USF-Byrd Alzheimer's Institute for the financial support.

I would like to thank all my lab members for their support: *Dr. Daniela Stebbins*, *Zeinab Veisi*, *Wen Zhao*, *Fei Guo*, *Tunan Peng* and *Molly Skinner*.

My deepest gratitude to my parents *Amineh Moloudi* and *Hedayat Falahat*, my sister *Ayda Falahat*, and my brother *Ata Falahat* for their endless love, understanding, patience and support throughout my entire life. I am forever indebted to my husband, *Dr. Ahmadreza Sedaghat*, whose unconditional love and constant encouragement have helped me in accomplishing this journey.

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## **ABSTRACT**

Localized drug delivery systems have been widely studied as potential replacements for conventional chemotherapy with the capability of providing sustained and controlled drug release in specific targeted sites. They offer numerous benefits over conventional chemotherapy such as enhancing the stability of embedded drugs and preserving their anticancer activity, providing sustained and controlled drug release in the tumor site, reducing toxicity and diminishing subsequent side effects, minimizing the drug loss, averting the need for frequent administrations, and minimizing the cost of therapy.

The aim of this study is to develop a localized drug delivery system with niosomes embedded in a chitosan hydrogel with targeting capabilities. The incorporation of niosomes into a chitosan hydrogel has several advantages over each individually being used. First, embedding niosomes in a chitosan hydrogel can yield control over drug release especially for small molecule drugs. Second, chitosan hydrogel may improve the release time and dosage of drugs from niosomes by protecting them with an extra barrier, resulting in tunable release rates. Third, as a localized delivery system, chitosan hydrogels can prevent the migration of niosomes away from the targeted tumor sites. Finally, chitosan has mucoadhesive property which can be used in the targeting of the tumor cells with the mucin over expression.

To enhance the specific targeting, the capacity of chitosan to target MUC1 overexpression in cancer cells will be analyzed. Similarly, the incorporation of chlorotoxin in this system will be achieved and evaluated. Chlorotoxin, a 36-amino acid peptide, is purified

from *Leiurus quinquestriatus* scorpion venom with a distinct characteristic of binding preferentially to neuroectoderma tumors such as glioma, but not to normal tissue.

The overexpression of MUC1, a mucin antigen, in certain cancer cells has been used as an attractive therapeutic target in the design of a drug delivery system consisting of chitosan with a distinct mucoadhesive property. To determine the level of MUC1 expression in different cell lines, Cell based Enzyme Linked Immunosorbent Assay (Cell ELISA) was developed for the first time.

Attenuated Total Reflectance- Fourier Transform Infra-Red (ATR-FTIR) Spectroscopy is used to investigate the possible molecular interaction between chlorotoxin and glioma cells. This study presents a new approach in monitoring the biochemical and biophysical changes in glioma cells after being exposed to CTX. In addition to characterizing the signature spectra of CTX and glioma cells, we evaluated the differences in biochemical compositions of the spectra of the glioma cells treated with and without CTX over different incubation time periods.

The results indicate that the proposed localized drug delivery system with the distinct tumor targeting features and extended release profiles would tune and control the specific delivery of chemotherapeutics in tumor sites.

## CHAPTER 1: INTRODUCTION

According to American Cancer Society's 2015 Cancer Statistics report, the lifetime probability of being diagnosed with an invasive cancer is slightly less than 1 in 2 for men and a little more than 1 in 3 for women, which leads to estimated 1,658,370 new cancer cases and 589,430 cancer deaths in the United States in 2015 [1].

Depending on the cancer type, diagnostic stage, and patient's tolerance to different therapies, the treatment is then designed. Principal cancer treatment modalities include surgery, radiotherapy, and chemotherapy. Surgery is the first step in the treatment of solid tumors at early or intermediate stage in an accessible and localized region of the body [2]. Following tumor excision, conventional chemotherapy is applied to eradicate any remaining cancerous cells and to prevent tumor recurrence [2]. Despite of being the most common approach for cancer treatment, the efficacy of conventional chemotherapy is limited [2-4]. First, it distributes anticancer drugs to the whole body and does not differentiate between normal and cancer cells [3, 4]. In fact, only a small percentage of the administered drugs can reach the tumor areas leading to insufficient bioavailability of therapeutics in the sites needed treatment [3, 4].

Second, most of drug release occurs shortly after its administration causing the drug levels in the body to abruptly increase, peak and then decrease within a short period of time. This non-sustained drug release in conventional chemotherapy leads to undesirable side effects due to toxicities at the elevated drug levels and insufficient therapy afterwards [3-6].

Third, multiple injections are required to increase the bioavailability of drugs in the tumor sites. These repeated administrations can exacerbate the existing side effects such as kidney or nerve damage [2, 3, 5].

Finally, the need of using high amount of anticancer drugs in conventional chemotherapy, the need to treat inherent secondary effect and also the need for multiple cycles of chemo increase the cost of cancer treatment (Figure 1.1) [3, 5].

To overcome these problems, localized drug delivery systems have been widely studied as potential replacement for conventional chemotherapy with the capability of providing sustained and controlled drug release in specific targeted sites [3, 5, 6]. Localized drug delivery systems which are designed to enhance the efficacy of cancer treatments offer numerous benefits over conventional chemotherapy, and can be summarized as follows:

- 1- Enhance the stability of embedded drugs and preserving their anticancer activity.
- 2- Provide sustained and controlled drug release in the tumor site to ensure the adequate drug uptake into cancer cells.
- 3- Reduce toxicity to the whole body and diminish of subsequent side effects by minimizing systemic distribution.
- 4- Effective application of required therapeutics, and therefore, drug loss is minimal.
- 5- Avert the need for frequent administrations.
- 6- Minimize the cost of therapy as a result of requiring only one single administration.
- 7- Tune the dosage and release of drugs

Depending on the modality of administration and release mechanism, current local drug delivery systems can be categorized into two groups [3].



The first group consists of nanoparticles which are administered systematically with specific targeting property toward the tumor site [3-6]. Polymeric nanoparticles, polymeric micelles, dendrimers, liposomes, and niosomes are examples of these local drug delivery systems [3-7].

Also new therapeutic schemes based on the administration of living cells have been developed where the surface of therapeutic cells can be modified with artificial receptors, and multifunctional nanomaterials for enhanced cell therapies [8].

They can reach to the target sites by passive or active targeting. In passive targeting nanoparticles can diffuse through the leaky and dilated walls of tumor vasculature which results in their accumulation in the tumor site, while active targeting occurs due to interactions of ligands on nanoparticles with an over-expressed tumor cell marker (Figure 1.2) [9]. Despite the promising ability in targeting tumor sites, the localization of these nanoparticles is highly challenging as they are removed by the mononuclear phagocyte system (MPS) cells upon their intravenous administration (Figure 1.3) [10]. Blood monocytes, dendritic cells, and tissue-resident macrophages are examples of the MPS cells which are responsible for detecting, clearing, and degrading foreign materials from circulation [10, 11]. In addition to reducing the bioavailability of drugs in the tumor sites, the MPS uptake of nanomaterials can cause other problems such as inflammation, toxicities due to the toxic byproducts, and distribution and accumulation of nanomaterials in sensitive body areas [10]. The uncontrolled and unpredicted localization of nanomaterials as well as the possibility of toxicity have hindered their translation into clinical applications [10, 12].

The second group consists of polymer based drug delivery systems with intratumoral or peritumoral injection, or implantation into tumor resection cavities. They have been designed in

various forms including gels, films, wafers, and rods, featuring controlled and sustained drug release kinetics. Implants require a surgical procedure at the tumor site, which leads to additional costs and complications.

Thermoresponsive *in-situ* hydrogel systems have gained special attention in drug delivery [13]. Their initial liquid formulation can be applied at minimally invasive manner by a simple injection to fill the shape of any targeted area [14-16]. Upon their injection, they transform into a soft gel at body temperature (Figure 1.4). As mentioned above, synthetic polymers can be tailored and modified to provide excellent mechanical and chemical properties, but because of their synthetic origin, its application can lead to acute or chronic inflammations, retarded removal rates, and localized pH decrease as a result of the acidity of the accumulated degradation products [13].

Natural polymers such as polysaccharides and proteins are obtained from abundantly available natural resources with great biocompatibility and biodegradability properties. Unlike synthetic polymers, natural polymers can degrade into components which are non-inflammatory or cytotoxic [4].

Among them, polysaccharides have the advantage of interacting with living cells with excellent hemocompatibility. On the other hand, protein-originated polymers have the risk of immunogenicity and transmission of pathogens from animal donors [17].

Chitosan is a polysaccharide obtained by alkaline deacetylation of chitin [18]. It has been widely used in various biomedical applications, owing to its superior biocompatibility, enzymatic degradability and low toxicity [19, 20]. It also benefits from antimicrobial, antifungal actions and anticoagulant properties [4, 21].

Thermoresponsive chitosan hydrogel systems have been prepared with different chemical or physical crosslinking methods such as grafting polymerization of a polymer (e.g. poly(N-isopropylacrylamide), poly(ethylene glycol) and Pluronic) onto chitosan or neutralization with polyol salts such as glycerol phosphate disodium salt [5, 17, 22-24].

Despite all the remarkable properties these hydrogels systems have some limitations [25]. Due to the high amount of water in the hydrogel network, the encapsulation of hydrophobic drugs is often challenging [25]. Also, large pores in their structure can lead to relatively fast release rates particularly for small molecule drugs [26].

To overcome these problems, incorporation of a secondary drug carrier such as liposomes, micelles, and other particle based vehicles into the hydrogel network has been considered recently [25-28].

Non-ionic surfactant vesicles or niosomes have been used as drug delivery vehicles [29-33]. Similar to liposomes, niosomes have an enclosed spherical bilayer structure with hydrophilic core and hydrophobic shell allowing them to be used for encapsulating both hydrophilic and hydrophobic drugs [29]. Also, a mixture of hydrophobic and hydrophilic drugs can be encapsulated in the same vesicle [34]. As another advantage, niosomes do not interact with any of the charge groups of a drug molecule [29]. As compared to liposomes, niosomes provide better stability while having lower cost and being more convenient to store [29, 30].

In this study, niosomes with chemotherapeutic drugs are embedded in a thermoresponsive hydrogel network. Such configuration has allowed us to finely tune drug release time, concentration and dosage [35, 36].

The incorporation of niosomes into a chitosan hydrogel has several advantages over each individually being used. First, niosomes can encapsulate hydrophobic drugs which is challenging

in the case of embedding them in a pure hydrogel. Second, embedding niosomes in a chitosan hydrogel can yield slower drug release especially for small molecule drugs. Third, chitosan hydrogel may improve the release kinetics of drugs from niosomes by protecting them with an extra barrier and by preventing or decreasing the burst release, which is typical in spherical vesicles, resulting in extended release rates. Fourth, as a localized delivery system, chitosan hydrogels can prevent the migration of niosomes away from the targeted tumor sites. Finally, chitosan has mucoadhesive property which can be used in the targeting of the tumor cells with the mucin over expression.

Therefore, developing a localized drug delivery system with niosomes embedded in chitosan hydrogel with enhanced targeting characteristics is the focus of this study.

In targeted drug delivery a therapeutic agent is delivered specifically to a particular tumor cell [37]. Targeted drug delivery is highly beneficial in cancer therapy where anticancer drugs affect both tumor cells and normal cells resulting in toxicities and subsequent side effects [37].

Tumor-specific targeting therapy uses an approach where a tumor-specific molecule helps the drug to reach to the tumor cells [38]. This specific targeting is based on the interactions involved between the targeting molecules and the receptors present on the surface of tumor cells and not on the surface of normal cells [37].

Chlorotoxin (CTX) is a 36-amino acid peptide derived from the venom of the scorpion *Leirius quinquestriatus* that preferentially binds to tumor cells of neuroectodermal origin, such as glioma, but not to normal non-transformed cells [39-41]. Several studies have demonstrated its use as an imaging and targeting agent for drug and radioisotope delivery.

Tumor paint BLZ-100, a bioconjugat of CTX and Cy5.5 (a near-infrared fluorescent molecule) has been recently approved to be tested in human clinical trials [42]. This bioconjugat

targets tumors with the fluorescent dye enabling surgeons to distinguish normal tissue from malignancies such as glioma, prostate cancer, intestinal cancer and sarcoma [42, 43]. CTX has been also investigated as a targeting agent in many drug delivery systems including CTX-conjugated iron oxide nanoparticles and CTX-modified doxorubicine-loaded liposomes [44, 45].

To take advantage of this unique targeting feature, we have incorporated CTX along with niosomes in the chitosan hydrogel as the second targeting strategy to further improve the specific delivery of drugs to tumor cells such as glioma.

## Conventional Chemotherapy

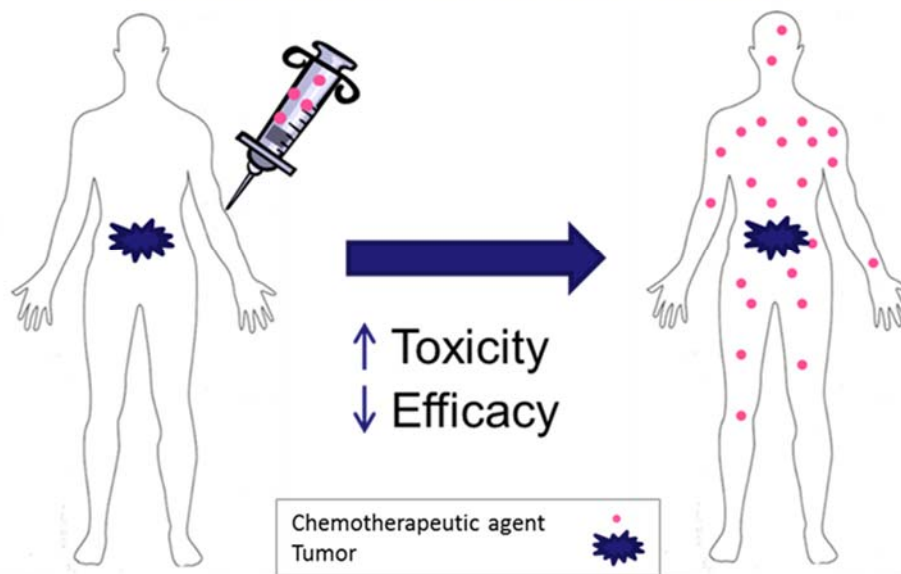


Figure 1.1 Major drawbacks associated with the conventional chemotherapy in the treatment of the solid tumors

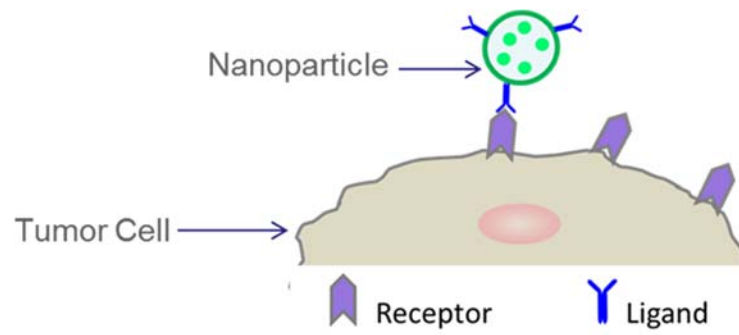


Figure 1.2 Schematic representation of an active targeting strategy to target tumor cells through the interactions of ligands on nanoparticles with an over-expressed tumor cell marker

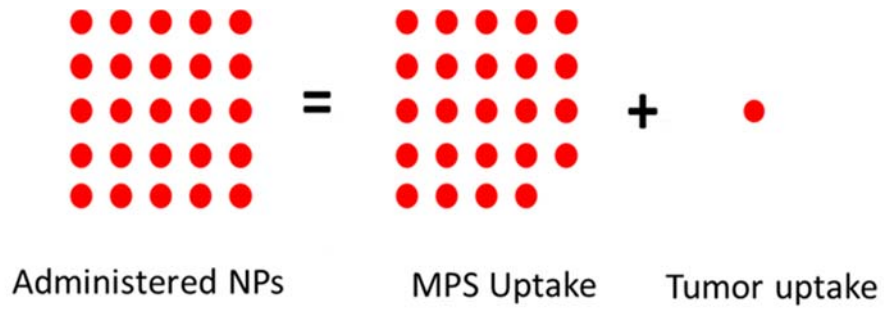


Figure 1.3 Schematic representation of systematically administered Nanoparticles (NPs), showing their considerably higher uptake by the mononuclear phagocyte system (MPS) as compared to the tumor site

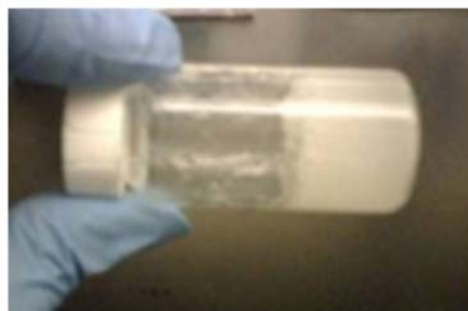


a)



25°C (Room Temperature)

b)



37°C (Body Temperature)

Figure 1.4 Chitosan/ $\beta$ -glycerophosphate in liquid form at room temperature (25°C) (a) and as a soft gel at body temperature (37°C) (b).

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## **CHAPTER 2: CHLOROTOXIN-MODIFIED NIOSOME-CHITOSAN HYDROGEL COMPLEXES FOR SUSTAINED, CONTROLLED AND TARGETED DRUG DELIVERY**

### **2.1. Abstract**

This study reports a development and characterization of a localized drug delivery system with enhanced targeting ability consisting of non-ionic surfactant vesicles (niosomes) with chlorotoxin (CTX) embedded in a chitosan hydrogel. With the controlled, sustained and targeted delivery features, this system represents a novel approach in cancer therapy.

Release profiles of 5,6-carboxyfluorescein from niosomes alone, niosomes in chitosan hydrogel, and CTX-niosomes in chitosan hydrogel were studied in a release medium with low ionic strength and pH 6.0 (similar to tumor extracellular pH). Morphological assessments of niosomes alone and niosomes with CTX were performed using Transmission electron microscopy (TEM). Attenuated Total Reflectance-Fourier Transform Infra-Red (ATR-FTIR) spectroscopy was also employed to study the possible interactions between niosomes and CTX.

Release rate studies indicated that embedding niosomes in chitosan hydrogel significantly extends the release rates after 24 h. Embedding CTX along with niosomes in chitosan hydrogel resulted in slightly more extended release rates as compared to the release rates from niosomes alone in chitosan hydrogel. Attachment of CTX to the surface of niosomes shown by TEM imaging improved the stability of niosomes resulting in extended release rates. ATR-FTIR studies also confirmed the interaction of CTX with niosomes.

## 2.2. Introduction

Non-ionic surfactant vesicles (niosomes) are among the common vesicular systems widely studied as drug delivery vehicles [1-5]. Similar to liposomes, niosomes have an enclosed spherical bilayer structure with hydrophilic core and hydrophobic shell allowing them to be used for the delivery of both hydrophilic and hydrophobic drugs [6, 7]. Also, a mixture of hydrophobic and hydrophilic drugs can be encapsulated in the same vesicle [8]. Niosomes have been reported to provide better stability while having lower cost and being more convenient to store as compared to liposomes [1, 2]. Having these benefits, niosomes have received a great attention as potential delivery systems for various drugs and therapeutic agents such as anticancer drugs (doxorubicin, paclitaxel and carboplatin) [8-10], insulin [3, 11], vasoactive intestinal peptide (VIP) [12], and many others.

Despite all the promising features, the localization of niosomes in tumor sites is highly challenging due to their removal by the mononuclear phagocyte system (MPS) cells upon the systemic administration [13]. Also, as being osmotically active they may have an undesired burst release which is typical in spherical vesicles.

To overcome these problems, in this study niosomes were embedded in a thermosensitive chitosan hydrogel network. The initial liquid formulation of chitosan hydrogel at room temperature allows it to be injected into the cavities after tumor resection and to fill the shape of the targeted areas [14-16]. Upon the injection, it transforms into a soft gel at body temperature [14-16]. By protecting niosomes with an extra barrier and by preventing or decreasing the burst release, chitosan hydrogel can improve the release kinetics of drugs from niosomes and result in extended release rates. Also, as a localized delivery system, chitosan hydrogel can prevent the migration of niosomes away from the targeted tumor sites. Finally, chitosan has a mucoadhesive

property which can be used in the targeting of the tumor cells with the mucin over expression such as ovarian carcinoma and other adenocarcinomas [17, 18].

To further improve the specific delivery of drugs to tumor cells we have incorporated Chlorotoxin (CTX). CTX is a 36-amino acid peptide derived from the venom of the scorpion *Leirius quinquestriatus* with known specificity toward tumor cells of neuroectodermal origin, such as glioma, but not to normal non-transformed cells.[19-21] Many studies have shown its application as an imaging and targeting agent for drug and radioisotope delivery.[22-25] A bioconjugat of CTX and Cy5.5 (a near-infrared fluorescent molecule) recently has been entered clinical trials.[26] By specific targeting of tumor cells with a fluorescent dye, this bioconjugat allows surgeons to distinguish normal tissue from malignancies such as glioma, prostate cancer, intestinal cancer, and sarcoma.[22, 26] As a targeting agent, CTX has been investigated in many drug delivery systems including CTX-conjugated iron oxide nanoparticles, CTX-modified doxorubicine-loaded liposomes, and CTX-assisted nanoparticle-chitosan hydrogel complexes.[27-29]

In this study, we performed the release rate studies on niosomes and niosomes embedded in chitosan hydrogel with and without CTX to examine the effect of chitosan and CTX on the release rates. We used Transmission Electron Microscopy (TEM) for morphologic assessments, and Attenuated Total Reflectance-Fourier Transform Infra-Red (ATR-FTIR) spectroscopy to study the possible interactions between CTX and niosomes.

## **2.3. Materials and Methods**

### **2.3.1. Materials**

Chlorotoxin was purchased from Iris Biotech GmbH (Marktredwitz, Germany). Span 60, cholesterol, dicetyl phosphate (DCP), medium molecular weight chitosan and 5(6)-

Carboxyfluorescein dye were obtained from Sigma-Aldrich (St. Louis, MO).  $\beta$ -glycerophosphate disodium salt ( $\beta$ -GP) was purchased from Calbiochem EMD Biosciences (La Jolla, CA) and used as the crosslinking agent. All the other reagents were purchased from Fisher Scientific (Fair Lawn, NJ).

### **2.3.2. Preparation of Niosomes**

Dye-loaded niosomes were prepared by the thin film hydration method [4]. Briefly, span 60, cholesterol and DCP (1:1:0.1 molar ratio) were dissolved in chloroform and transferred to a 50 mL round bottom flask. To make a thin film, chloroform was removed by rotating the flask using a Buchi rotary evaporator (Flawil, Switzerland) in a water bath at 60°C. The thin film was left in the fume hood overnight to remove any remaining traces of the chloroform. The dried thin film was hydrated with dye solution with concentration of 5 mM in phosphate buffer saline (PBS) in the rotary evaporator for 1 h at 60°C. Size reduction process was performed using an Avanti Polar Lipids Mini-Extruder (Alabaster, AL) by passing the niosome suspension through 800, 400 or 80 nm polycarbonate membrane filters (Nuclepore Corp., Pleasanton, CA) at 60°C. The un-trapped dye was separated from niosome suspension using a Beckman XL-100 ultracentrifuge (Fullerton, CA) operating at 60,000 rpm for 1 h. Dye-loaded niosomes in the precipitate were resuspended in 0.01 M PBS and kept at 4°C for the future experiments.

### **2.3.3. Preparation of Chitosan Hydrogel**

A 2.8% (w/v) chitosan solution was prepared by dissolving chitosan powder in 1.5 ml of 0.1 M hydrochloric acid at room temperature. A  $\beta$ -GP solution at a concentrations of 65% (w/v) was prepared in 0.5 ml of deionized water and kept at 4°C for 1 h prior to crosslinking along with the chitosan solution. While stirring continuously, the cold  $\beta$ -GP solution was added drop wise to the cold chitosan solution. After adding the last drop, the final solution was stirred for 10 min.



0.7 ml of niosome suspension was added into the chitosan and  $\beta$ -GP mixture followed by 5 min stirring. The prepared mixture was transferred into a 5 ml beaker and placed in a water bath at 37 °C and allowed to gel (Figure 2.1).

#### **2.3.4. Release Studies - Niosomes**

The release rate of the entrapped dye from niosomes was studied at specified time intervals using the Dialysis method. Briefly, 100  $\mu$ l of niosome solutions were pipetted into Slide-A-Lyzer mini-dialysis units with a 10,000-molecular-weight-cutoff (MWCO) membrane (Pierce Biotechnology) floating in a mini-dialysis flotation device (Pierce Biotechnology). They were dialyzed against 100 ml of 0.01M PBS (pH 7.4) or salt-free water (pH 6.0) at 37°C. While stirring the release medium using the magnetic stirrer at 200 rpm, 500  $\mu$ l aliquots of the release medium were taken at specified time intervals and refilled with the same amount of the fresh medium. The cumulative amount of the released dye in collected samples was quantified in triplicates using a Fluorescence Plate Reader (Biotek, Flx800) at an excitation wavelength of 485 nm and emission wavelength of 528 nm.

#### **2.3.5. Release Studies - Chitosan Hydrogels Containing Niosomes**

The prepared chitosan hydrogels containing niosomes with and without CTX were placed into 100 ml of deionized water (pH 6.8) at 37°C while stirred at 200 rpm. At specified time points 500  $\mu$ l aliquots of the release medium were collected and stored at 4°C for further analysis. After taking each sample, the same amount of the release medium was added into the container.

#### **2.3.6. Transmission Electron Microscopy**

Transmission electron microscopy (TEM) was used to assess the morphology of niosomes alone and niosomes with CTX. The TEM samples were prepared by placing a droplet

of the suspension (after appropriate dilution) on a 150-mesh carbon coated formvar copper grid (Electron Microscopy Sciences, Hatfield, PA) and allowed to adhere for 1 min. Following the removal of the excess solution using a filter paper, the samples were placed in a vacuum chamber for 10 min at 40°C. The samples were then viewed under an electron microscope (FEI Morgagni TEM) with an operating voltage of 80 kV.

### **2.3.7. ATR-FTIR Spectroscopy**

A 100  $\mu$ l niosome suspension with and without CTX was introduced onto a 45° ZnSe flat crystal (Thermo Scientific, WI) and allowed to air dry for 1 hr. To remove any excess water, the formed films were exposed to an ultrapure nitrogen flux before collecting the spectra. The ATR-FTIR spectra were obtained using a Nicolet 6700 spectrometer (Thermo Scientific, WI). The spectra in the 4000-400  $\text{cm}^{-1}$  region were collected using 300 scans at a spectral resolution of 4  $\text{cm}^{-1}$ . The data analysis was performed using OMNIC software (Thermo Scientific, WI). To ensure appropriate comparison between different samples, all the spectra were baseline corrected.

## **2.4. Results and Discussion**

### **2.4.1. Release Studies - Niosomes**

The *in-vitro* release rate studies for niosomes were performed in PBS (pH 7.4) representing physiological condition and salt-free water (pH 6.0) representing tumor pH conditions. The release profiles of 5,6-carboxyfluorescein from niosomes are shown in Figure 2.2. The fast release rates in both conditions within the first 24 hours may be a result of dye desorption from the surface of niosomes. The slow release rates after 24 h for niosomes exposed to PBS can be related to diffusion of dye from the bilayer of niosomes. Unlike niosomes in PBS,

the continuous fast release profiles from niosomes exposed to salt-free water were observed even after 24 h.

As niosomes are considered to be osmotically active, exposing them to salt-free water increases their osmotic pressure and results in their swelling [1]. This increases the permeability of dye from the bilayer leading to faster and less sustained release rates in salt-free water as compared to their release rates in PBS.

#### **2.4.2. Release Studies - Chitosan Hydrogels Containing Niosomes**

To provide niosomes with more stability and to decrease the osmotic pressure effect on the release rates, niosomes were embedded in a chitosan hydrogel. The release profiles of niosomes embedded with and without CTX in chitosan hydrogel along with the bare niosomes exposed to salt-free water are presented in Figure 2.3. It can be clearly seen that the incorporation of niosomes in chitosan hydrogel extended the release rates particularly after 24 h. The fast release rates within the first 24 h are mostly associated with niosomes placed on the surface of hydrogel, while the slower release rates after 24 h are related to niosomes embedded after the edge of chitosan network which provides them with more stability. In fact, only 61% cumulative release occurred for niosomes embedded in chitosan hydrogel after 21 days of the exposure to salt-free water. To investigate the effect of CTX on the release profiles, the same release rate studies were performed for CTX and niosomes embedded in chitosan hydrogel. The release profiles of 5,6-carboxyfluorescein from this system is also presented in Figure 2.3. It is clear that having CTX along with niosomes in chitosan hydrogel slightly extends the release rates when compared to the release rates from niosomes alone in chitosan hydrogel. The slower release rates are possibly due to the extra protection that CTX provides for niosomes and enhances their stability.

### 2.4.3. Transmission Electron Microscopy

To understand the possible interactions between niosome and CTX, TEM imaging was performed for samples of niosomes alone (Figure 2.4a) and niosomes in the presence of CTX (Figure 2.4b). As can be seen in Figure 2.4b, CTX forms micelles and binds to the surface of niosomes. The attachment of CTX to niosomes may be the reason for the extended release rates observed from CTX and niosomes in chitosan hydrogel, as CTX protects niosomes with extra layer and increases their stability.

### 2.4.4. ATR-FTIR Spectroscopy

Comparative spectra of Niosome, CTX, and CTX+Niosome in the frequency region of 1800-1200  $\text{cm}^{-1}$  are shown in Figure 2.5. The most notable peaks in the Niosome spectrum were observed at 1736  $\text{cm}^{-1}$  and 1466  $\text{cm}^{-1}$  assigned to  $\nu(\text{C}=\text{O})$  and  $\delta(\text{CH}_2)$ , respectively. Other peaks in the spectrum of Niosome include 1376, 1355, and 1300  $\text{cm}^{-1}$  all assigned to  $\text{CH}_2$  and  $\text{CH}$  bending vibrations. A peak at 1246  $\text{cm}^{-1}$  in the spectrum of Niosome indicates the  $\nu(\text{PO}_4^{3-})$  of dicetyl phosphate.

Two prominent bands in the CTX spectrum were observed at 1645  $\text{cm}^{-1}$  and 1545  $\text{cm}^{-1}$  correspond to amide I ( $\text{C}=\text{O}$  stretch) and amide II ( $\text{NH}$  bending and  $\text{CN}$  stretch)  $\alpha$ -helical structures, respectively. The band at 1516  $\text{cm}^{-1}$  was assigned to  $\nu(\text{C}-\text{C})$  and  $\delta(\text{C}-\text{H})$  of Tyrosine ring. Similarly, the 1446  $\text{cm}^{-1}$  peak was associated with  $\delta(\text{CH}_2)$  of Tyrosine and Phenylalanine amino acid side chains present in CTX. The peaks at 1408  $\text{cm}^{-1}$  and 1388  $\text{cm}^{-1}$  correspond to  $\nu(\text{C}-\text{N})$  of Glutamine and Methionine and  $\delta_w(\text{CH}_2)$  of Tyrosine, respectively.

Two significant spectral shifts were observed in the CTX+Niosome spectrum.: 1) the characteristic amide II peak at 1538  $\text{cm}^{-1}$  in CTX shifts to 1549  $\text{cm}^{-1}$  in CTX+Niosome, 2) the amide I peak at 1648  $\text{cm}^{-1}$  in CTX shifts to 1657  $\text{cm}^{-1}$  in CTX+Niosome.

It is known that the frequency changes in amide bands correlate with the strength alterations of the hydrogen bonds.[30-32] While an upshift represents weakening of hydrogen bonds in stretching vibrations, it indicates stronger hydrogen bonds for bending vibrations.[31] It has been shown that the shifts of amide II band induced by hydrogen bonding derive predominantly from N-H bending.[33] Therefore, the observed upshift of amide II band in the spectra of CTX+Niosome compared to CTX indicates an increase in N-H hydrogen bonding. This implies that a hydrogen bonding between N-H groups of CTX and C=O and O-H groups of Niosomes may be responsible for the observed binding of CTX to the surface of niosomes shown by TEM imaging. The upshift of amide I (C=O stretch) indicates a decrease in C=O associated intramolecular C=O...N-H hydrogen bonding within CTX. This may be due to the formation of intermolecular hydrogen bonds between N-H groups of CTX and O-H and C=O groups of Niosomes.

## **2.5. Conclusions**

Embedding niosomes in chitosan hydrogel resulted in significant prolonged release profiles specifically after 24 h. Release rate studies also indicated that embedding CTX along with niosomes in chitosan hydrogel results in slightly more extended release rates as compared to the release rates from niosomes alone in chitosan hydrogel. As clearly shown by the TEM images, the attachment of CTX to the surface of niosomes may play a critical role in improving the stability of niosomes and the extended release rates. The interaction of CTX with niosomes was also confirmed by ATR-FTIR studies. These findings suggest that the developed drug delivery system with extended release profiles and distinct tumor targeting features would improve the specific delivery of anticancer drugs to tumor cells.

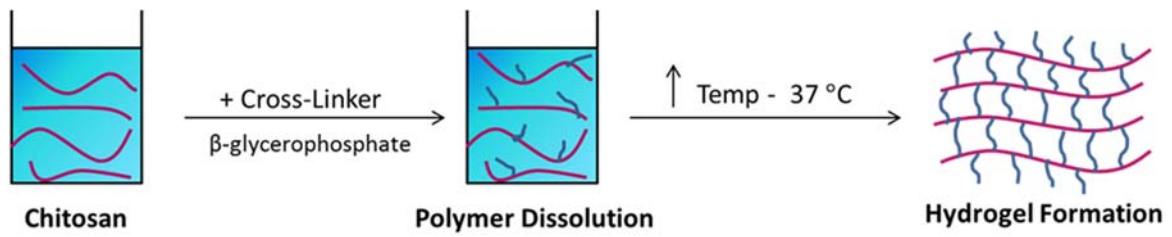


Figure 2.1 Schematic representation of the thermosensitive chitosan hydrogel preparation

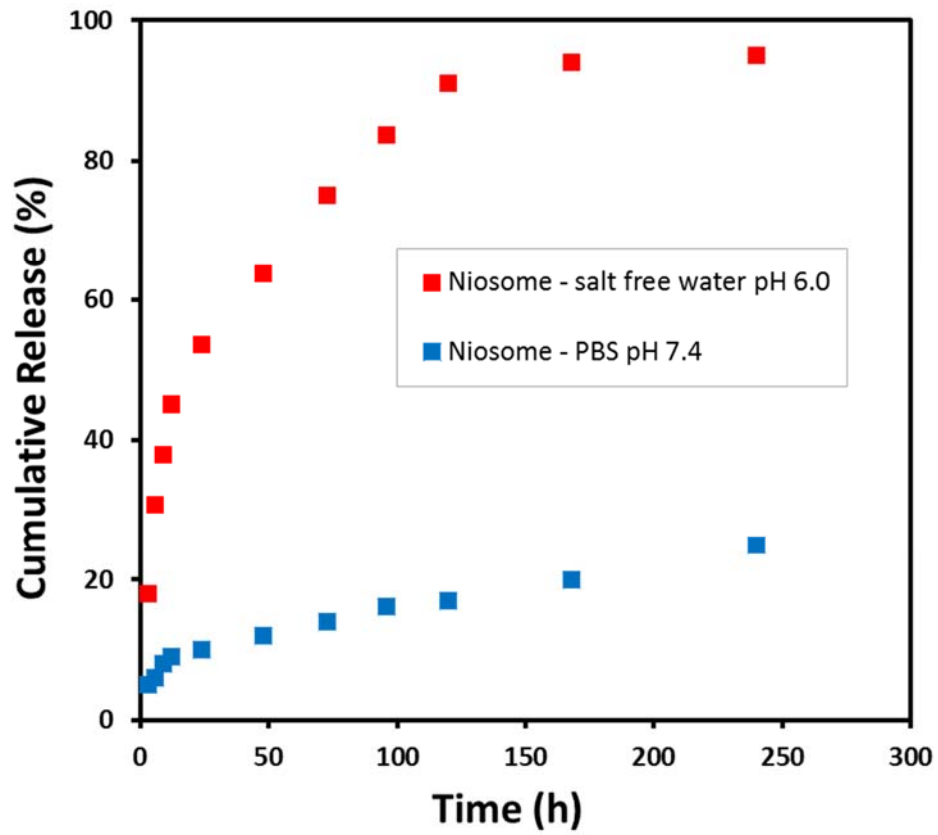


Figure 2.2 Cumulative release profiles of 5,6-carboxyfluorescein from niosomes in salt-free water (pH 6.0) and PBS (pH 7.4)

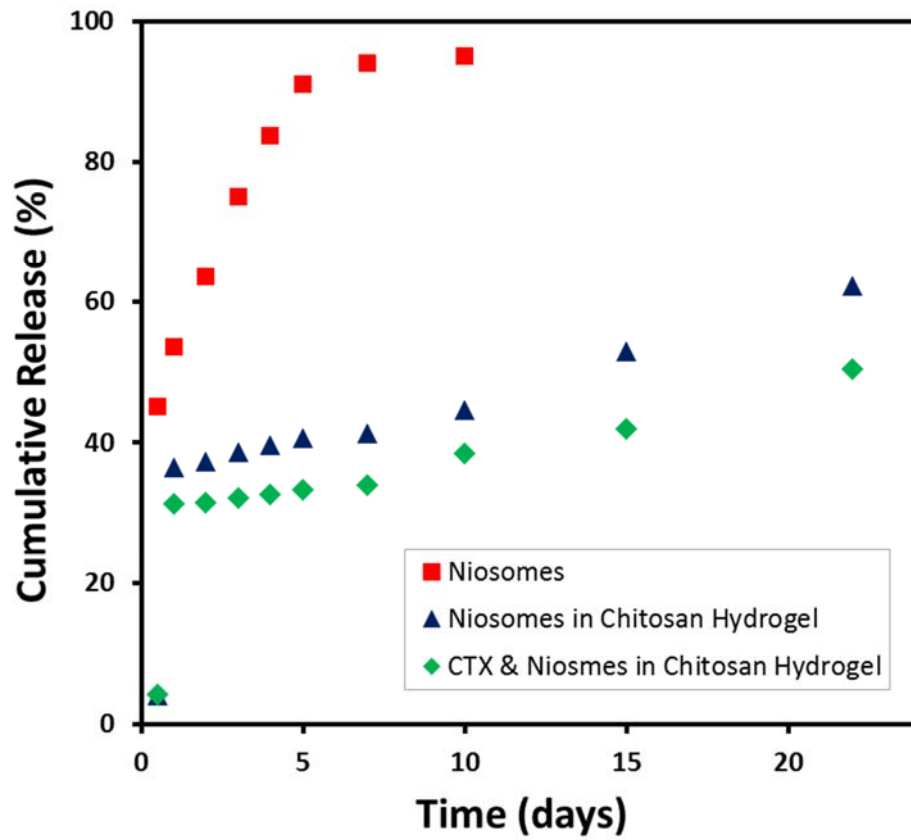


Figure 2.3 Cumulative release profiles of 5,6-carboxyfluorescein from niosomes, niosomes embedded in chitosan hydrogel, and CTX-niosomes embedded in chitosan hydrogel in salt-free water (pH 6.0)



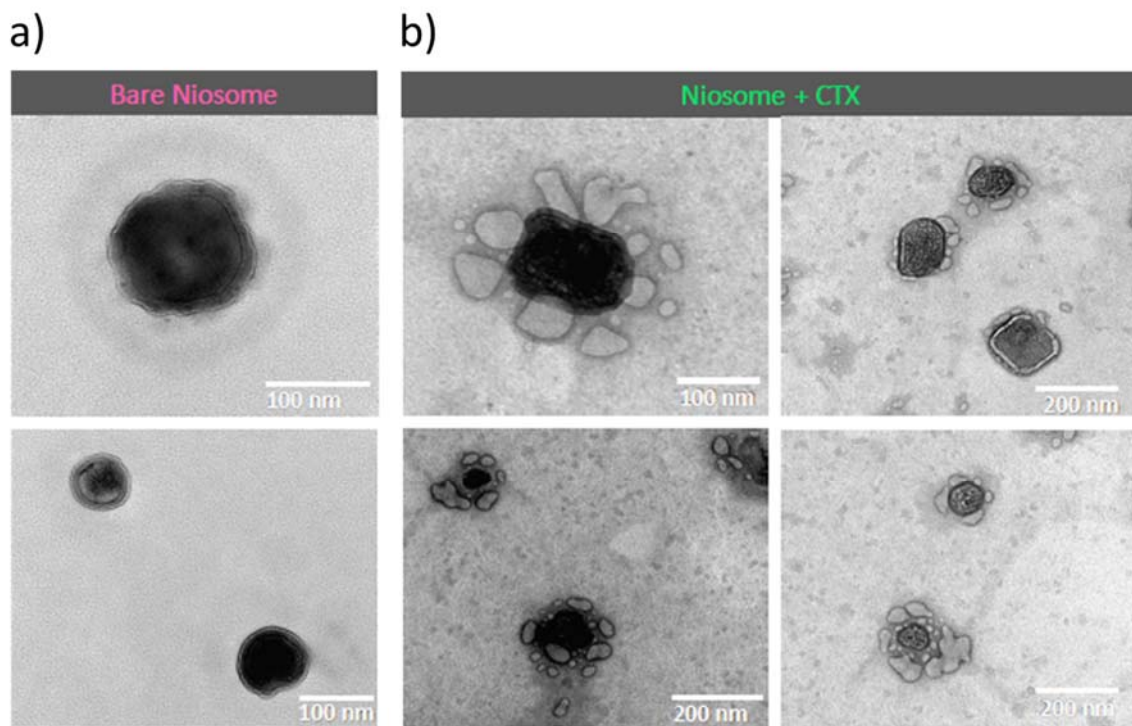


Figure 2.4 TEM images of bare niosomes (a) and niosomes with CTX (b)

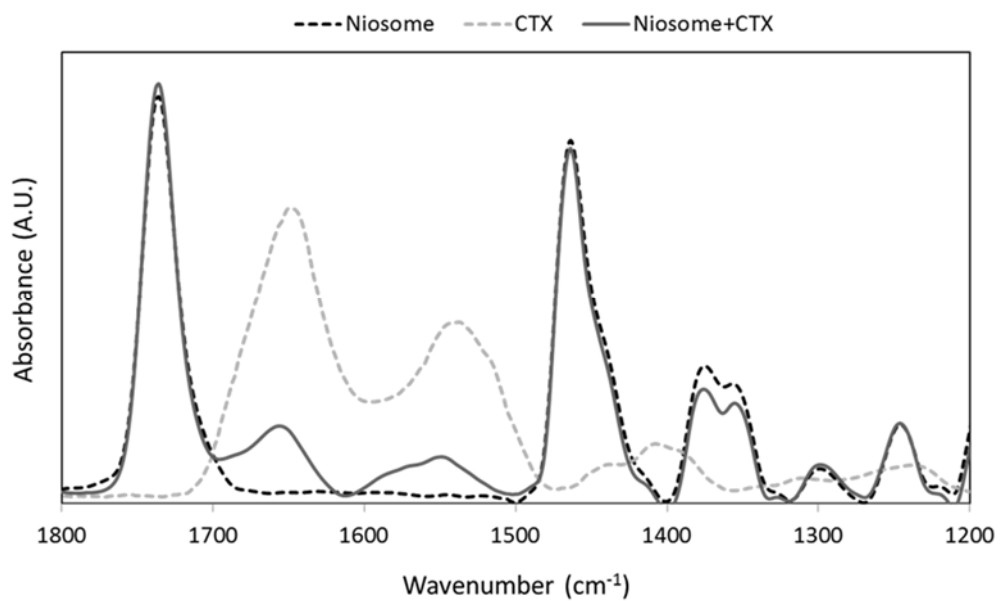


Figure 2.5 ATR-FTIR absorption spectra of niosomes (dashed black), CTX (dashed gray), and niosomes with CTX (solid gray) in frequency region of 1800 cm<sup>-1</sup>–1200 cm<sup>-1</sup>

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**CHAPTER 3: CHARACTERIZATION OF PACLITAXEL-LOADED NIOSOMES  
EMBEDDED IN CHITOSAN HYDROGELS: THE INFLUENCE OF CROSSLINKER  
CONTENT AND PH**

**3.1. Abstract**

We report the development and characterization of a localized drug delivery system consisting of paclitaxel-loaded non-ionic surfactant vesicles (PTX-loaded niosomes) embedded in a thermosensitive chitosan hydrogel. This system represents a new approach in cancer therapy through a sustained and controlled delivery of PTX to tumor sites.

The characterization of prepared PTX-loaded niosomes was performed in terms of morphological assessments and encapsulation efficiency measurements. Chitosan hydrogels (L-Ch, M-Ch, and H-Ch) were prepared with various crosslinker contents in their formulations. The PTX release from chitosan hydrogels containing PTX-loaded niosomes was evaluated in a release medium at 37 °C with pH 7.4 or 6.3 representing the extracellular pH of a normal tissue or tumor environment. The release studies showed a prolonged release of PTX from chitosan hydrogels containing PTX-loaded niosomes with similar release profiles for L-Ch and M-Ch hydrogels.

The mathematical modeling of the PTX release data was performed using the Peppas-Korsmeyer model to understand the mechanisms of PTX release from chitosan hydrogels containing PTX-loaded niosomes. A combination of diffusion-controlled and swelling-controlled

release also known as the anomalous transport was identified as the dominant release mechanism only for L-Ch hydrogels at pH 6.3.

Swelling studies of the chitosan hydrogels were also performed in the same conditions used for the drug release studies. Swelling of chitosan hydrogels was observed for the formulations with low and medium crosslinker contents (L-Ch and M-Ch) when incubated at pH 6.3. No significant difference in the swelling ratio of chitosan hydrogels with a high crosslinker content (H-Ch) was found at pH 6.3 or 7.4.

Together the results suggest that the chitosan hydrogels containing PTX niosomes could improve the chemotherapeutic benefits of PTX by providing a localized, controlled, and prolonged delivery in solid tumors.

### **3.2. Introduction**

Paclitaxel (PTX) is one of the most effective chemotherapeutic agents in the treatment of many cancers including breast, ovarian, colon, and non-small-cell lung cancers [1-4]. Due to the hydrophobicity of PTX, several organic formulations such as polyethoxylated castor oil (Cremophor<sup>®</sup> EL) have been employed to improve the solubility of PTX [5]. However, many undesired side effects of Cremophor EL have been reported in patients undertaking this treatment [6-8].

Among different strategies, encapsulation of PTX in submicronic colloidal systems such as liposomes, microspheres, micelles, and polymeric nanoparticles has been widely studied to address this problem [9-11]. Despite having many promising features, poor stability and low bioavailability of the nanoparticles in tumor sites have hindered their effectiveness when administered systemically [12-14].

An alternative approach is the use of localized drug delivery systems in which chemotherapeutic agents are encapsulated in a matrix designed in various forms including hydrogels, films, wafers, and rods [15]. Among different *in situ* drug delivery systems, thermoresponsive chitosan hydrogels in particular have gained special attention [16-18]. Their initial liquid state at room temperature allows them to be applied through a simple injection into the specific body sites. After injection, they transform into a soft gel at body temperature which provides a localized drug release within the tumor sites [19]. In addition, they are known to exhibit antibacterial, biocompatible, biodegradable, and mucoadhesive properties [20-22]. Thermoresponsive chitosan hydrogel systems have been prepared with different chemical or physical crosslinking methods [16, 23].

Despite all the outstanding properties, some limitations are associated with their use [24]. First, due to the presence of high amount of water in the hydrogel network, the encapsulation of hydrophobic drugs such as PTX is often difficult [24]. Second, the large pores in their network structure can cause relatively fast release rates particularly for small molecule drugs [25]. To address these challenges, an incorporation of a secondary drug carrier such as liposomes, micelles, and other particle based vehicles into the hydrogel network has been considered [26-28].

In this study, we present the development of a localized drug delivery system consisting of PTX-loaded non-ionic surfactant vesicles (niosomes) embedded in a thermoresponsive chitosan hydrogel network. Similar to liposomes, niosomes have a spherical bilayer structure with hydrophilic core and hydrophobic shell allowing them to be used for encapsulating both hydrophilic and hydrophobic drugs [29-31].



The PTX-loaded niosomes were prepared using the thin film hydration method and characterized by performing morphological assessments and encapsulation efficiency measurements. Chitosan hydrogels containing PTX-loaded niosomes with various crosslinker contents were prepared. The PTX release studies were performed in a release medium with pH 7.4 or 6.3. The PTX release kinetics were evaluated by fitting the release data into the Peppas-Korsmeyer model. Swelling and biodegradability are among the important characteristics of chitosan hydrogels [21, 38]. Therefore, swelling behavior and degradation rates of chitosan hydrogels were also studied.

### **3.3. Materials and Methods**

#### **3.3.1. Materials**

Span 60, cholesterol, dicetyl phosphate (DCP), and medium molecular weight chitosan were purchased from Sigma-Aldrich (St. Louis, MO). The crosslinking agent,  $\beta$ -glycerophosphate disodium salt ( $\beta$ -GP) was purchased from Calbiochem EMD Biosciences (La Jolla, CA). Paclitaxel (PTX) was obtained from LC laboratories (Woburn, MA) and used as a chemotherapeutic drug. All the other agents were purchased from Fisher Scientific (Fair Lawn, NJ).

#### **3.3.2. Preparation of PTX-loaded Niosomes**

PTX-loaded niosomes were prepared by the thin film hydration method [31]. Briefly, span 60, cholesterol and DCP (1:1:0.1 molar ratio) were dissolved in chloroform and transferred to a 50 mL round bottom flask. PTX at 0.5 to 10 mol% with respect to total niosome content was added to this solution. To make a thin film, chloroform was removed by rotating the flask using a Buchi rotary evaporator (Flawil, Switzerland) in a water bath at 60°C. The thin film was left in the fume hood overnight to remove any remaining traces of the chloroform. The dried thin film

was hydrated with 0.01 M phosphate buffer saline (PBS) containing 0.1% (v/v) Tween 80 in the rotary evaporator for 1 h at 60°C. Size reduction process was performed using an Avanti Polar Lipids Mini-Extruder (Alabaster, AL) by passing the niosome suspension through 800, 400 or 80 nm polycarbonate membrane filters (Nuclepore Corp., Pleasanton, CA) at 60°C. The un-trapped drug was separated from niosome suspension using a Beckman XL-100 ultracentrifuge (Fullerton, CA) operating at 60,000 rpm for 1 h. PTX-loaded niosomes in the precipitate were resuspended in 0.01 M PBS and kept at 4°C for the future experiments.

### **3.3.3. Characterization of PTX-loaded Niosomes**

#### **3.3.3.1. Transmission Electronic Microscopy**

The morphology of PTX-loaded niosomes was observed using transmission electron microscopy (TEM). The TEM samples were prepared by placing a droplet of niosome suspension (after appropriate dilution) on a 150-mesh carbon coated formvar copper grid (Electron Microscopy Sciences, Hatfield, PA) and allowed to adhere for 1 min. Following the removal of the excess solution using a filter paper, the samples were placed in a vacuum chamber for 10 min at 40°C. The samples were then viewed under an electron microscope (FEI Morgagni TEM) with an operating voltage of 80 kV.

#### **3.3.3.2. Encapsulation Efficiency**

The encapsulation efficiency of PTX in niosomes was determined using a Shimadzu HPLC system consisting of an automatic sample injector (SIL-10A), system controller (SCL-10A VP), pump (LC-10AT VP), degasser (DGU-14A), and UV-VIS detector (SPD-10A VP). Chromatographic separation of PTX was achieved using a reverse phase C18 column (ODS-3V, GL Sciences). The mobile phase consisted of acetonitrile and water (60:40 v/v). The flow rate was 1.0 ml/min and the injection volume was 20 µl. The UV detection was performed at a

wavelength of 227 nm. Prior to HPLC analysis, PTX was extracted from the niosomes using dichloromethane (DCM). Briefly, 2 ml of prepared niosome solution was extracted with 3×1 ml of DCM. Following the evaporation of DCM under a stream of nitrogen, the extracted PTX was dissolved in 4 ml of acetonitrile and quantitated using the HPLC system. The extraction efficiency was determined by extracting a known amount of PTX following the same procedure as described above. The encapsulation efficiency was defined as the ratio of PTX encapsulated in niosomes to the initial amount of PTX used in niosomes preparation:

$$\text{Encapsulation Efficiency (\%)} = \frac{\text{Amount of PTX encapsulated in niosomes}}{\text{Initial amount of PTX used in niosome preparation}} \times 100 \dots\dots\dots(1)$$

### **3.3.4. Preparation of Chitosan Hydrogels**

A 2.8% (w/v) chitosan solution was prepared by dissolving chitosan powder in 1.5 ml of 0.1 M hydrochloric acid at room temperature. A  $\beta$ -GP solution at three different concentrations of 55%, 65%, or 83% (w/v) was prepared in 0.5 ml of deionized water and kept at 4°C for 1 h prior to crosslinking along with the chitosan solution. While stirring continuously, the cold  $\beta$ -GP solution was added drop wise to the cold chitosan solution. After adding the last drop, the final solution was stirred for 10 min. 0.7 ml of niosome suspension was added into the chitosan and  $\beta$ -GP mixture followed by 5 min stirring. The prepared mixture was transferred into a 5 ml beaker and placed in a water bath at 37 °C and allowed to gel. Chitosan hydrogels were named as L-Ch, M-Ch, or H-Ch representing low (0.33 M), medium (0.39 M) or high (0.50 M) concentrations of  $\beta$ -GP in hydrogel formulations.

### **3.3.5. *In vitro* Release Studies**

Prepared samples of chitosan hydrogel containing PTX-loaded niosomes were placed into 30 ml of PBS (pH=7.4 or 6.3) at 37°C. 0.1% (v/v) Tween 80 was also included in the release medium as a sink-inducing agent to facilitate the solubility of PTX [4, 5]. At predetermined time

intervals, the entire release medium was collected and replaced with equal amount of fresh medium at 37°C. The collected samples were pretreated using the DCM extraction procedure and then introduced to the HPLC system as described in section 3.3.2.

### 3.3.6. Mathematical Analysis of the Drug Release Kinetics

To determine the release kinetics of PTX from niosome embedded chitosan hydrogel complexes and the related transport mechanisms, the obtained drug release rate data were fitted into the Peppas-Korsmeyer semi-empirical equation also known as power law equation [32]:

$$Q = \left(\frac{M_t}{M}\right) = k \times t^n \dots\dots\dots(2)$$

where Q is the fractional drug release into the medium at time t (h),  $M_t$  is the amount of drug released at time t, M is the total amount of drug, k is the kinetic constant incorporating structural and geometric characteristics of the drug delivery system, t is the release time (h) and n is the diffusion exponent characterizing the drug release mechanism.

Based on the diffusion exponent, the drug release mechanisms from a hydrogel system can be classified as [32, 33]:

- 1- Quasi-Fickian diffusion,  $n < 0.5$
- 2- Fickian diffusion,  $n = 0.5$
- 3- Anomalous transport,  $0.5 < n < 1$
- 4- Case II transport (swelling-controlled drug release),  $n = 1$

### 3.3.7. Swelling Studies

The swelling behavior of chitosan hydrogels was studied as follows. Uniform disk-shaped chitosan hydrogels were immersed into 30 ml PBS with pH = 7.4 or 6.3 at 37°C. At specific time points the hydrogels were taken out from the swelling medium and blotted using a filter paper to

remove the excess surface water. This was followed by measuring their diameter. The swelling ratio was defined as:

$$\% \text{ Swelling ratio} = \frac{D_s}{D_d} \dots\dots\dots(3)$$

$D_s$  and  $D_d$  correspond to the diameter of the hydrogel at the swollen and dried states, respectively.

### 3.3.8. Enzymatic Degradation

Samples of chitosan hydrogel were prepared using the same method described in the previous section and placed into 30 ml of PBS (pH=7.4) with 0.02 mg/ml lysozyme at 37°C. At specified time points samples were removed from the medium, rinsed with distilled water, and dried under vacuum. Enzymatic degradation of chitosan hydrogel samples is then quantified using the following equation:

$$\% \text{ Enzymatic Degradation } (t) = \frac{[W_0 - W_t]}{W_0} \dots\dots\dots(4)$$

$W_0$  reflects the initial weight of the chitosan hydrogel and  $W_t$  is the weight of the dried hydrogel at time  $t$ .

## 3.4. Results and Discussion

### 3.4.1. Characterization of PTX-loaded Niosomes

The mean diameter and encapsulation efficiency of PTX in PTX-loaded niosomes as a function of the membrane pore size used in the extrusion process are shown in Figure 3.1a. Niosomes with a mean diameter of 85 nm were prepared using a membrane with a pore size of 80 nm. A decrease in encapsulation efficiencies was observed for niosomes when smaller membrane pore sizes used in the extrusion process which correlated well with the decrease of niosome sizes.

TEM image of a PTX-loaded niosome which was extruded through 80 nm membrane with a diameter of less than 100 nm is shown in Figure 3.1b.

### **3.4.2. *In vitro* Release Studies**

The cumulative release profiles of L-Ch, M-Ch and H-Ch hydrogels containing PTX-loaded niosomes in PBS with pH=7.4 and 6.3 are depicted in Figure 3.2a-c. Slow and controlled PTX release profiles were observed for all hydrogels with various cross-linker content in both release media (pH=6.3 and 7.4). All the hydrogels indicated slower release profiles in the release medium with pH=6.3 as compared to the release medium with pH=7.4. The PTX cumulative release profiles from L-Ch and M-Ch hydrogels were very similar particularly in PBS with pH=6.3 for which only 38% and 37% of the cumulative release occurred after 40 days, respectively. Higher amounts of PTX release were observed for L-Ch (44%) and M-Ch (43%) incubated in PBS with pH=7.4 for 40 days as compared to the hydrogels incubated in PBS with pH=6.3.

H-Ch hydrogels indicated significantly slower release profiles of PTX compared to both L-Ch and M-Ch hydrogels. Only 33% and 36% of the PTX release occurred from H-Ch hydrogels after 40 days in the release media with pH=6.3 and 7.4, respectively. As can be seen in Figure 3.2a-c, unlike L-Ch and M-Ch the difference between the release profiles of H-Ch in PBS with pH 6.3 and 7.4 were not as significant as those observed for L-Ch and M-Ch hydrogels.

The PTX release rates for all chitosan formulations were slower in PBS with pH 6.3 than PBS with pH 7.4. This phenomenon can be explained as follows. As niosomes contain dicetyl phosphate, a negative charge inducer, they possess negative zeta potential values [31, 34, 35]. Therefore, they are likely to interact with positively charged NH<sub>2</sub> groups in chitosan hydrogel when incubated in PBS with low pH (6.3). The slower release rates observed for the chitosan

hydrogels containing PTX-niosomes in PBS with pH 6.3 compared to PBS with pH 7.4 might be due to the possible interactions between negatively charged niosomes and  $\text{NH}_3^+$  groups of chitosan hydrogels when incubated in PBS with pH 6.3.

### **3.4.3. Mathematical Analysis of the Drug Release Kinetics**

The drug release kinetics of PTX from L-Ch, M-Ch, and H-Ch hydrogels containing PTX-loaded niosomes were further assessed by fitting the PTX release data to the Peppas-Korsmeyer model. The corresponding theoretical curves are presented as dashed lines in Figure 3.2a-c. The model coefficients ( $k$  and  $n$ ) and the squared correlation coefficient ( $R^2$ ) are listed in Table 3.1. A good correlation with the Peppas-Korsmeyer model ( $R^2 > 0.91$ ) was obtained for all the PTX release data.

Based on the derived release exponent values ( $0.5 < n < 1$ ), the PTX release can be classified as an anomalous transport for L-Ch hydrogels when incubated in PBS with pH 6.3 indicating that the drug release from this system was a combination of diffusion-controlled ( $n=0.5$ ) and swelling-controlled ( $n=1$ ) release. The drug release from M-Ch and H-Ch hydrogels containing PTX-loaded niosomes in PBS with pH 6.3 was identified as Fickian diffusion ( $n=0.5$ ). When incubated in PBS with pH 7.4,  $n < 0.5$  was obtained for all hydrogels (L-Ch, M-Ch, and H-Ch) identifying the PTX release mechanism as quasi-Fickian diffusion.

### **3.4.4. Swelling Studies**

The swelling studies were performed on the L-Ch, M-Ch, and H-Ch hydrogels containing PTX-loaded niosomes which were incubated in PBS with pH=7.4 and 6.3 for specified time points to analyze the effect of crosslinker content on the swelling behavior of chitosan hydrogels at various pH. The swelling ratio was defined as the diameter of the swollen hydrogel to the diameter of the hydrogel at the dried state.

Figure 3.3 shows a comparative representation of L-Ch, M-Ch, and H-Ch hydrogels after 24 h of incubation in PBS with pH=7.4 and 6.3. As can be seen in Figure 3.3, the swelling behavior of chitosan hydrogels varies as a function of the crosslinker content and pH of the release medium.

While L-Ch and M-Ch hydrogels exhibited increased swelling ratios at pH=6.3 when compared to pH=7.4, no significant difference was observed for H-Ch hydrogels at various pH conditions.

Swelling ratios of these hydrogels at pH=7.4 and 6.3 as a function of time are shown in Figure 3.4. The highest swelling ratio was observed for L-Ch hydrogel after 24 h of incubation in PBS with pH=6.3. The swelling ratios decreased after 24 h and all the hydrogels reached equilibrium swelling after 7 days. Similar to the swelling ratios at 24 h, L-Ch hydrogels at pH=6.3 had the highest swelling ratios among other hydrogels for all incubation time periods. These results are in agreement with the previous studies in which the swelling of chitosan hydrogels has been reported to be a function of crosslinker content and the pH of the release medium [37].

At low pH ( $\text{pH} < 6.5$ ), a protonation of amino groups in chitosan hydrogels occur. Therefore, the observed swelling of L-Ch and M-Ch hydrogels at pH 6.3 can be explained as an increase in the protonation and repulsion of chitosan free ammonium groups.

#### **3.4.5. Enzymatic Degradation**

Biodegradability is one of the important characteristics of chitosan hydrogels [21, 38]. To determine the degradation rate of chitosan hydrogels, M-Ch hydrogels were incubated in PBS with and without 0.02 mg/ml lysozyme concentration at 37 °C. As can be seen in Figure 3.5,



around 75% degradation occurred for M-Ch hydrogel after 49 days of incubation in PBS with 0.02 mg/ml lysozyme.

Degree of deacetylation (DDA) has been defined an important factor in degradation of chitosan hydrogels [39, 40]. In this study chitosan with DDA of 85% was used. Chitosan with high DDA (71% to 93%) has been shown to experience slow degradation rates.

### **3.5. Conclusions**

We have prepared thermosensitive chitosan hydrogels containing PTX-loaded niosomes with various amount of crosslinker in their formulations. We have shown that the incorporation of PTX-niosomes in chitosan hydrogels resulted in prolonged release profiles which lasted for more than 40 days in a pH-dependent manner. While L-Ch and M-Ch hydrogels indicated similar PTX release profiles, relatively slower release rates (around 10%) were found for H-Ch hydrogels. The release mechanism was identified as anomalous transport (a combination of diffusion-controlled and swelling-controlled release) for L-Ch hydrogels when incubated in PBS with pH 6.3. The significant effect of crosslinker content on physical properties and release profiles of chitosan hydrogels was further confirmed by swelling studies. Major changes in swelling behavior were observed for L-Ch and M-Ch chitosan hydrogels with a small physiologically relevant pH change. Together, the results of this study show promise for the development of a localized drug delivery system which can be used for a sustained and controlled delivery of PTX at the tumor sites.

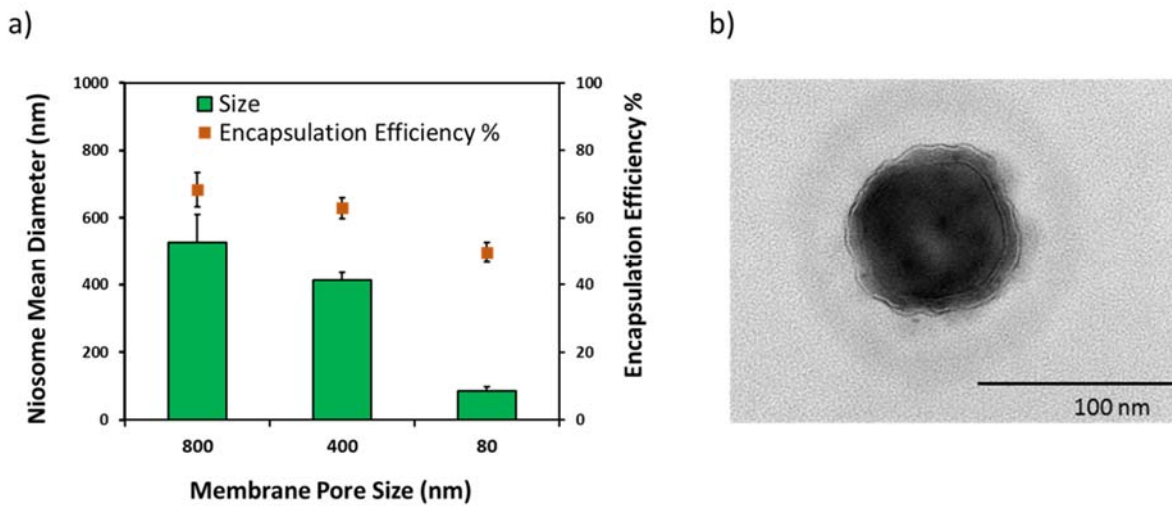


Figure 3.1 Mean diameter and encapsulation efficiency of niosomes as a function of membrane pore size used in the extrusion process (a), TEM image of a PTX-loaded niosome with a diameter of less than 100 nm (b)

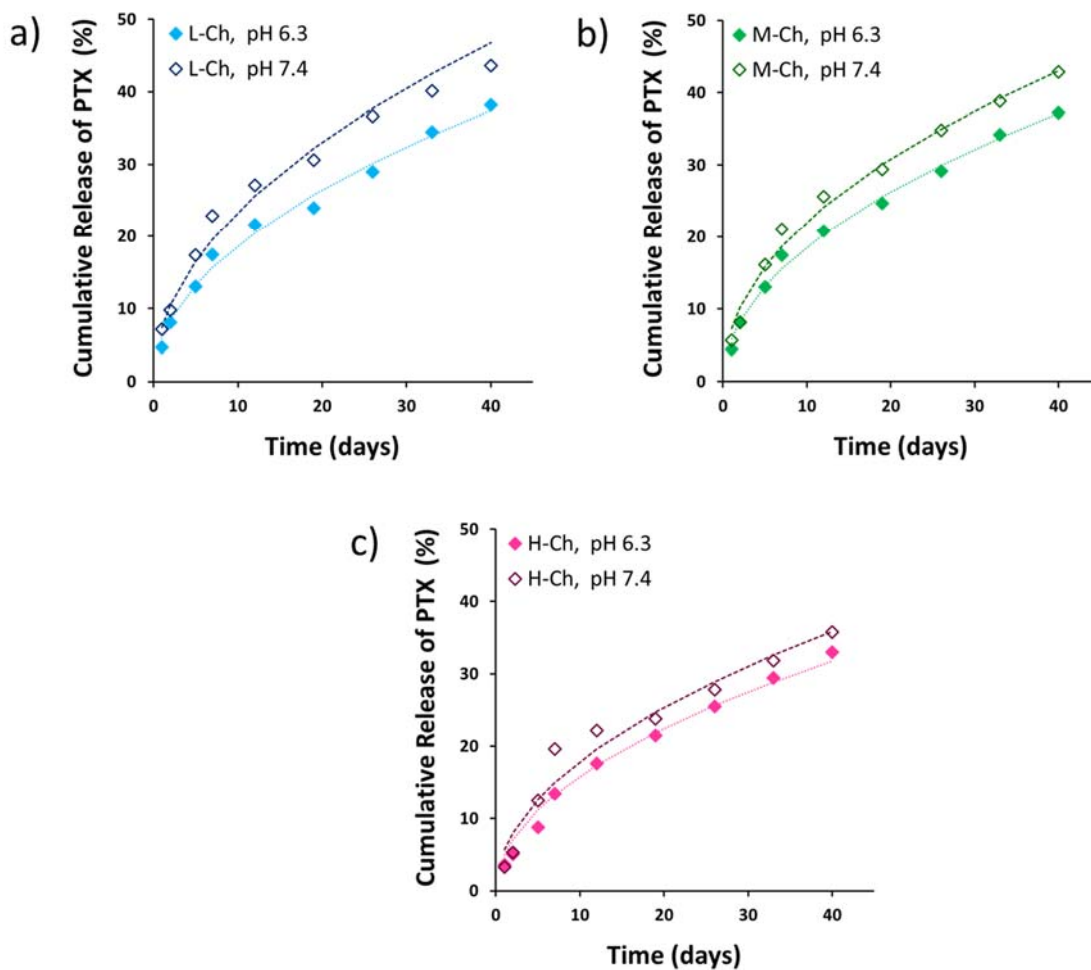


Figure 3.2 Cumulative release profiles of PTX from L-Ch Nio (a), M-Ch Nio (b), and H-Ch Nio (c) in PBS with pH=7.4 or 6.3. The dashed lines represent the corresponding theoretical curves derived from Korsmeyer-Peppas model.

Table 3.1 Kinetic assessment of drug release from chitosan hydrogels containing PTX-loaded niosomes using Korsmeyer-Peppas model

Sample	Korsmeyer-Peppas model			Drug release mechanism
	k	n	R <sup>2</sup>	
L-Ch Nio - PBS pH =6.3	1.18	0.57	0.98	Anomalous transport
L-Ch Nio - PBS pH =7.4	1.88	0.46	0.91	Quasi-Fickian diffusion
M-Ch Nio - PBS pH =6.3	1.21	0.50	0.98	Fickian diffusion
M-Ch Nio - PBS pH =7.4	1.59	0.48	0.97	Quasi-Fickian diffusion
H-Ch Nio - PBS pH =6.3	1.01	0.50	0.92	Fickian diffusion
H-Ch Nio - PBS pH =7.4	1.20	0.49	0.92	Quasi-Fickian diffusion

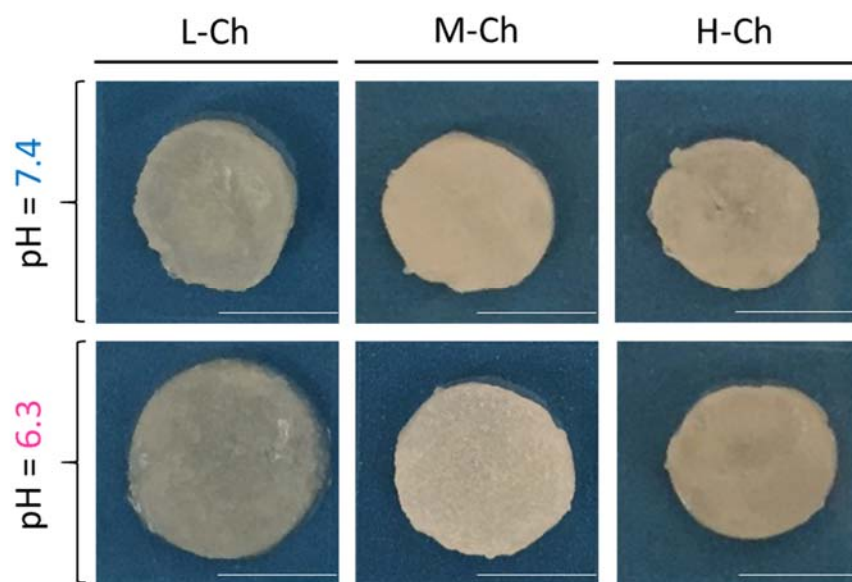


Figure 3.3 Comparative representation of swelling behavior of L-Ch, M-Ch, and H-Ch hydrogels after 24 h of incubation in PBS with pH=7.4 or 6.3. The scale bars correspond to 1 cm.

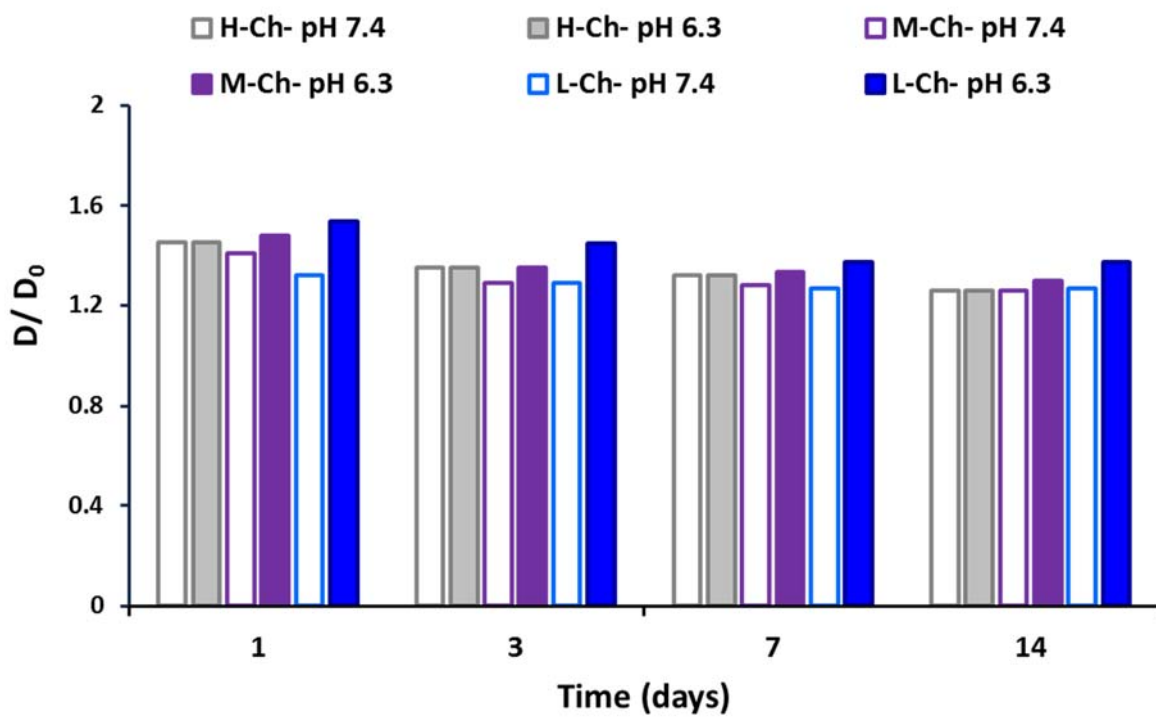
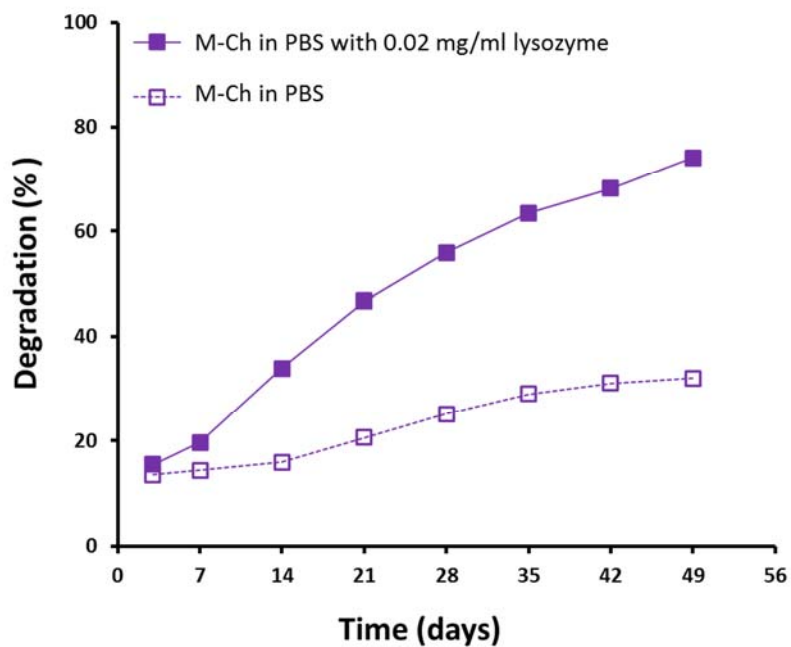


Figure 3.4 Swelling ratios of L-Ch, M-Ch, and H-Ch hydrogels at pH=7.4 and 6.3.

a)



b)



Figure 3.5 Degradation of M-Ch, hydrogels as a function of time incubated in PBS with 0.02 mg/ml lysozyme (filled purple) and PBS (open purple) at pH=7.4 (a) and images of M-Ch hydrogels prior and 21 days after incubation in PBS with 0.02 mg/ml lysozyme (b)

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## **CHAPTER 4<sup>1</sup>: A CELL ELISA FOR THE QUANTIFICATION OF MUC1 MUCIN EXPRESSED BY CANCER CELLS OF EPITHELIAL AND NEUROECTODERMAL ORIGIN**

### **4.1. Abstract**

Quantitative analysis of MUC1, a cell membrane associated mucin, expressed by intact cells of epithelial origin previously has been limited to flow cytometry, which requires using large quantities of cells and antibodies. Here, for the first time, we report the development of a novel Cellular-based Enzyme Linked Immunosorbent Assay (Cell ELISA) to quantify the expression of MUC1 by cell lines of epithelial and neuroectodermal origin using an antibody recognizing a specific tandem repeat found in the extracellular domain of MUC1. In contrast to flow cytometry, this method requires a much lower number of cells. We report here the results obtained from two variants of this Cell ELISA in live and fixed cells. We found that the Cell ELISA in live cells was not sensitive enough to detect a difference in MUC1 levels between the normal cells and tumor cells. However, we found that Cell ELISA in fixed cells followed by whole cell staining was a dependable method of MUC1 level detection in the normal and tumor cells showing significantly higher levels of MUC1 receptor in the tumor cells when compared to the normal controls. Therefore, we conclude that the Cell ELISA in fixed cells is an efficient

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<sup>1</sup> Note. "A CELL ELISA FOR THE QUANTIFICATION OF MUC1 MUCIN (CD227) EXPRESSED BY CANCER CELLS OF EPITHELIAL AND NEUROECTODERMAL ORIGIN" Falahat, Rana, et al., 2015, Cellular Immunology, Vol. 298, No. 1, Copyright © 2016 by Elsevier Inc. Permission is included in Appendix A.

method for quantifying the expression of MUC1 by epithelial and neuroectodermal cancer cell lines.

## **4.2. Introduction**

MUC1 mucin (CD227), a large glycoprotein, is expressed on the surface of normal glandular epithelial cells and has been found to be aberrantly overexpressed on most carcinoma cells [1, 2]. In addition to being an important and valuable diagnostic tumor marker, MUC1 has been studied as a potential therapeutic target [3, 4]. Recent advances in MUC1 associated cancer therapies, including immunotherapy [5, 6] and targeted drug delivery [7-9], have created a need for quantitative assessment of MUC1 in various tumor cells. Until now, the expression of MUC1 on the surface of intact cells has been quantified using flow cytometry [10-12], which, despite its sensitivity to detect cell surface antigens, requires a large number of cells [13, 14]. Cell ELISA, as described here, is based on the interaction between antibodies and cell surface antigens assisted by colorimetric (or near infrared) methods of antigen detection. It has been shown to be as sensitive as flow cytometry, and it is a commonly used method for quantification of surface antigens [15-17]. The aim of this study was to develop a Cell ELISA technique to quantify the expression level of MUC1 in various tumor cells and compare it to the normal controls. Our study included the design of two variants of Cell ELISA using live cells and fixed cells. Flow cytometry and Western blot were used to validate the developed Cell ELISA assays.

## **4.3. Materials and Methods**

### **4.3.1. Cell Lines**

The following cell lines were used: human ovarian epithelial origin carcinoma OV2008, SV-40 large T-antigen transfected normal human ovarian surface epithelial cells IMCC3 (both provided by Dr. Patricia Kruk, Department of Pathology and Cell Biology, College of Medicine,

University of South Florida, Tampa, FL), two human glioblastoma astrocytoma cell lines U87 and U373 (both from American Type Culture Collection) and mouse glioma G26 [18, 19]. The ovarian cell lines (OV2008 and IMCC3) were cultured in a 1:1 mixture of MCDB105/M199 medium (Sigma-Aldrich, MO) supplemented with 5% fetal bovine serum (FBS; Hyclone, UT) and 10 µg/ml Gentamicin. The G26, U87, and U373 cell lines were grown in Minimum Essential Medium with Earle's Balanced Salts (MEM/EBSS; Hyclone, UT) supplemented with 10% FBS and 2 mM L-glutamine, penicillin, and streptomycin. All cell lines were grown in 25 cm<sup>2</sup> culture flasks (Corning, NY) and incubated at 37°C with 5% CO<sub>2</sub>.

#### **4.3.2. Antibodies**

VU-11D1, a mouse primary (Ab1) monoclonal antibody recognizing TSAPDTR, the 7-mer epitope found in the extracellular domain of MUC1 protein, HRP-conjugated polyclonal goat anti-mouse secondary IgG antibody (Ab2) (both from NOVUS Biologicals, CO), goat anti-mouse IgG-PE (Santa Cruz Biotechnology, CA), and anti- $\alpha$ -Tubulin monoclonal antibody (T6199) (Sigma-Aldrich, MO) were used in this study.

#### **4.3.3. Cell ELISA using Live Cells**

The first assay, Cell ELISA using live cells, was performed as follows. After detaching cells from the culture flask and adjusting the cell density to  $3 \times 10^5$  cells/ml, 100 µl of the cell suspension ( $3 \times 10^4$  cells/well) was added to each well of a flat-bottomed 96-well microtiter plate (Corning, NY). The plate was incubated overnight with an appropriate growth medium at 37°C in 5% CO<sub>2</sub>. The following day, the medium was removed, and the confluent cell monolayers were washed 3 times with 200 µl/well of washing buffer (0.01 M Phosphate Buffered Saline (PBS) containing 0.5% (w/v) Bovine Serum Albumin (BSA) (Sigma-Aldrich, MO)). Nonspecific binding was blocked using 100 µl/well of blocking solution containing 2% (v/v) normal goat

serum (Southern Biotech, AL) and 1% (w/v) BSA in 0.01 M PBS for 1 hour at 4°C. The cells were treated under one of the following experimental conditions: 1) primary antibody alone (Control Ab1); 2) secondary antibody alone (Control Ab2); 3) primary and secondary antibody together (Ab1 + Ab2); or 4) blocking solution alone (Cell Control). Both primary and secondary antibodies were prepared in the blocking solution. Upon the removal of the blocking solution cells received either 50 µl/well of the primary antibody or 50 µl/well of the blocking solution followed by incubation for at least 1 hour at 4°C. The plate was washed 5 times with 200 µl/well of the washing buffer and then exposed to 50 µl/well of the secondary antibody or 50 µl/well of the blocking solution and incubated for additional 1 hour at 4 °C. The plate was washed 5 times with 200 µl/well of the washing buffer. Then, 100 µl of TMB (3,3', 5,5''-tetramethylbenzidine) substrate solution (Cell Signaling Technology, MA) was added to each well, and the reaction was allowed to proceed for 20 minutes at room temperature. The enzyme reaction was stopped by the addition of 25 µl/well of 2 M sulfuric acid. The optical density (OD) at 450 nm was measured using an ELx800 microplate reader (Bio-Tek Instruments, VT).

#### **4.3.4. Cell ELISA using Fixed Cells**

In this variant of Cell ELISA, a fixation step was used to prevent loss of cells during the procedure. This assay is analogous to Cell ELISA in live cells and the same experimental treatment groups (Control Ab1, Control Ab2, Ab1+Ab2, and Cell Control) were used as described in section 4.3.3. Briefly, cells were seeded in a flat-bottomed 96-well microtiter plate at  $3 \times 10^4$  cells/well in the appropriate growth medium. Following the incubation for 24 hours at 37°C in 5% CO<sub>2</sub>, the growth medium was removed and the confluent cell monolayers were washed 3 times with 0.01 M PBS (200 µl/well) and fixed with 4% (v/v) paraformaldehyde (Electron Microscopy Sciences, PA) in 0.01 M PBS (100 µl/well) for 10 minutes at room

temperature. The fixed monolayers were washed 3 times with 0.01 M PBS (200  $\mu$ l/well) and then permeabilized with 50  $\mu$ l/well of the blocking solution (0.01 M PBS containing 2% (v/v) normal goat serum, 1% (w/v) BSA, and 0.1% (v/v) Triton X-100) for 1 hour at room temperature. Upon the removal of the blocking solution cells received 50  $\mu$ l/well of the primary antibody or 50  $\mu$ l/well of the blocking solution and were incubated for at least 1 hour at room temperature. The plate was washed 3 times with 0.01 M PBS (5 minutes each) and then exposed to 50  $\mu$ l/well of the secondary antibody or 50  $\mu$ l/well of the blocking solution and incubated for 1 hour at room temperature. After washing with 0.01 M PBS (3 times, 5 minutes each), the plate was incubated with the TMB substrate solution (100  $\mu$ l/well) at room temperature. The reaction was allowed to proceed for 20 minutes. The enzyme reaction was stopped by adding 25  $\mu$ l/well of the stop solution, followed by reading the OD at 450 nm using a microplate reader.

#### **4.3.5. Quantification of the Cell Number in Cell ELISA using Fixed Cells**

After removing the plate contents, 50  $\mu$ L/well of 1X Janus Green stain (Abcam, MA) was added to the plate and incubated for 5 minutes at room temperature. Next, the plate was washed 5 times with 200  $\mu$ l/well of deionized water followed by the addition of 50  $\mu$ L/well of 0.5 M HCl. The OD at 595nm was measured using the ELx800 microplate reader. The results were analyzed by normalizing OD values measured at 450 nm to cell number ( $[OD_{450}] / [OD_{595}]$ ) to account for differences in cell numbers in various wells. All washing and incubation steps (except for the overnight incubation) were performed on a plate shaker (Bellco Biotechnology, NJ) with gentle shaking at 300 rpm.

#### **4.3.6. Flow Cytometry**

Flow cytometry analysis was performed on OV2008 cells as follows: cells were trypsinized from adherent cultures and resuspended in the blocking solution (0.01 M PBS

containing 2% (v/v) normal goat serum and 1% (w/v) BSA). After adjusting the cell density to  $5 \times 10^6$  cells/ml, 100  $\mu$ l of the cell suspension ( $5 \times 10^5$  cells) was added to micro-centrifuge tubes and incubated for 1 hour at 4°C. The same experimental treatment groups (Control Ab1, Control Ab2, Ab1+Ab2, and Cell Control) were used for flow cytometry as described in section 4.3.3.

Upon the removal of the blocking solution cells received either 100  $\mu$ l of the primary antibody or 100  $\mu$ l of the blocking solution followed by incubation for at least 1 hour at 4°C. The samples were washed 3 times with the washing buffer (0.01 M PBS containing 1% (w/v) BSA) by centrifugation at 400 g for 5 minutes and then exposed to 100  $\mu$ l of the goat anti-mouse IgG-PE secondary antibody or 100  $\mu$ l of the blocking solution and incubated for 30 minutes at 4°C in the dark. After washing (3 times, 5 minutes each), the samples were re-suspended in 0.01 M PBS and stained with 7-Aminoactinomycin D (7-AAD) viability dye (BD Pharmingen, CA) for 15 minutes to distinguish live cells (7-AAD negative) from dead cells (7-AAD positive).

Flow cytometry was performed on aliquots of each sample using an Accuri C6 flow cytometer (BD Biosciences, CA) and obtained data was analyzed using CFlow Plus software (BD Biosciences, CA). A minimum of 50,000 events was collected on each sample. Staining intensity was determined in 2-dimensional histograms of fluorescence intensity versus cell number. After gating the 7-AAD-negative cell population, the percentage of live cells expressing PE was determined.

#### **4.3.7. Western Blot**

Cells were grown to 70% confluence and washed with ice-cold 0.01 M PBS and detached using scrapping. Cells were pelleted and suspended in 2 $\times$  RIPA buffer (50 mM Tris-buffered saline [TBS], pH 8.0, 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, 0.1% sodium dodecyl sulfate [SDS]) supplemented with Halt Protease inhibitors (Thermo Fisher Scientific,



MA). The cell lysate was sonicated for 5 seconds at 30% Amplitude and quantified using a standard Coomassie protein assay (Pierce Biotechnology, IL). The lysate was denatured in 4% SDS sample buffer with 10% (v/v) 2-mercaptoethanol, then incubated for 5 minutes at 95°C. The amount of 50 µg of the lysate was electrophoresed through a 10% Protean-TGX gel (BioRad, CA) and transferred to nitrocellulose overnight in a buffer containing 0.1% SDS and 10% methanol. The membrane was incubated in blocking buffer (5% (w/v) milk in 50 mM TBS with 0.1% Tween-20 [TBST]), followed by overnight incubation in 1µg/ml Anti-MUC1 (VU-11D1) antibody in TBST with 5% (w/v) BSA. The membrane was washed 3 times for a total of 15 minutes in TBST and then incubated for 1 hour in HRP conjugated secondary antibody. Washes were repeated and the bands visualized by soaking the membrane for 3 minutes in SuperSignal West Femto Luminol substrate (Thermo Fisher Scientific, MA) followed by standard autoradiography. To ensure equal loading, the membrane was stripped by incubating with agitation for 1 hour at 50°C in stripping buffer containing 2% SDS, 0.1 M Tris HCl (pH 6.8) and 1% (v/v) 2-mercaptoethanol. The membrane was washed for 1 hour with continuous fresh deionized water and incubated for 1 hour in the blocking buffer. Anti- $\alpha$ -Tubulin monoclonal antibody (T6199) (Sigma-Aldrich, MO) was diluted 1:1000 in the fresh blocking buffer and incubated for 1 hour. Washings, secondary antibody incubation, and luminol detection were then completed as mentioned above. The total intensity of MUC1 bands was quantified by densitometry using ImageJ software (NIH, MD) and normalized by the intensity of the  $\alpha$ -Tubulin band for each cell line.

#### **4.3.8. Statistical Analysis**

Statistical analysis was carried out using the Microsoft Excel Analysis Tool Pack (Redmond, WA). Descriptive statistical parameters (mean and SD) were calculated for the

measured OD values. The Student's t-test was used to assess the statistical significance of the difference between the cells with antibody treatments (Ab1+Ab2) and the cells in the presence of the secondary antibody (Control Ab2).

The OD levels of Cell Control and Control Ab1 were at the baseline in all experiments; therefore, they were not further considered. A p-value < 0.05 was considered to be statistically significant. A total of n=12 experiments for Cell ELISA in live cells and n=10 experiments for Cell ELISA in fixed cells were evaluated. All the experiments were done in triplicate. The statistical analysis using the data derived from Cell ELISA with fixed cells followed by whole cell staining was performed using n=4 experiments for OV2008, n=3 experiments for IMCC3, and n= 1 experiment for G26, U87, and U373 cell lines. All the experiments included triplicate measurements.

The results for Cell ELISA in fixed cells were further analyzed to account for differences in cell numbers in various wells in which the OD measured at 450 nm was divided by the OD measured at 595 nm representing cell numbers ( $[\text{OD}_{450}] / [\text{OD}_{595}]$ ).

## **4.4. Results**

### **4.4.1. Optimal Experimental Conditions for Cell ELISA Assay**

#### **4.4.1.1. Cell Density**

The optimal cell seeding density was determined using  $0.3 \times 10^4$  to  $10 \times 10^4$  cells/well of OV2008 cells in Cell ELISA assay using fixed cells (Figure 4.1). The OD value obtained for the secondary antibody (Control Ab2) was subtracted from the OD value obtained for Ab1 +Ab2 to account for the nonspecific binding ( $[\text{OD}_{450}]_{\text{Ab1+Ab2}} - [\text{OD}_{450}]_{\text{Control Ab2}}$ ). A cell density of  $3 \times 10^4$  cells/well was selected as the optimum cell concentration as the higher cell densities resulted in similar responses.

#### **4.4.1.2. Antibody Concentrations**

To determine the binding activity of the primary antibody, various dilutions of VU-11D1 were used to treat OV2008 cells in Cell ELISA assay using live and fixed cells. The assay was performed with 1 µg/ml concentration of the secondary antibody. The OD level of the secondary antibody (Control Ab2) was subtracted from the OD level of Ab1 +Ab2. The dose response curve of the primary antibody (Figure 4.2) indicates concentration-dependent responses in Cell ELISA assay using fixed cells. The optimal concentration of the primary antibody was found to be 1 µg/ml (1:100 dilution).

A similar study using various concentrations (0.005 to 5 µg/ml) of the secondary antibody with 1 µg/ml concentration of the primary antibody was performed (data not shown). The concentration of 1 µg/ml (1:500 dilution) for the secondary antibody was selected as the optimum concentration for the next experiments.

#### **4.4.1.3. Temperature**

To determine the effect of temperature during cell incubation on the efficiency of antibody binding measured as OD, Cell ELISA assay using live OV2008 cells was performed at 4°C and 37°C incubation temperatures. As seen in Figure 4.3, the OD values were not significantly different ( $p > 0.05$ ) when evaluating OV2008 cells incubated at 4°C and 37°C. In addition to 1-hour incubation, OV2008 cells were incubated for 2 hours at either 4°C or 37°C (data not shown). The results obtained for this time point also indicated no difference in antibody binding efficiency for cell incubation at 4°C and 37°C.

Also, to investigate the possible effect of temperature on the IMCC3 cell loss in Cell ELISA assay using live cells, a similar study was performed. It was found that the incubation at both 37°C and 4°C resulted in the similar loss of IMCC3 cells. This indicates that the IMCC3

cell loss in the Cell ELISA assay using live cells occurred independently from the incubation temperature.

#### **4.4.2. Cell ELISA using Live Cells**

Cell ELISA assay using live cells was performed using four cell lines: OV2008, IMCC3, G26, and U87. The cells were seeded at a density of  $3 \times 10^4$  cells/well. The primary and secondary antibodies were used at the optimal concentrations obtained in section 4.4.1.2.

Figure 4.4 shows the OD values for the tested cell lines in Cell ELISA assay using live cells indicating MUC1 expression. The response in the Control Ab2 relates to the intrinsic enzyme activity or nonspecific binding of HRP conjugated secondary antibody to the cell lines. The OV2008 cells showed 64% more response in Ab1+Ab2 than Control Ab2  $[(\text{OD}_{450})_{\text{Ab1+Ab2}} - \text{OD}_{450}^{\text{Control Ab2}}] / \text{OD}_{450}^{\text{Control Ab2}} \times 100$  ( $p < 0.05$ ). Similarly, the G26 cells had 56% more response in Ab1+ Ab2 as compared to Control Ab2 ( $p < 0.05$ ). There was no significant difference between the OD values for Ab1+Ab2 and Control Ab2 ( $p > 0.05$ ) when IMCC3 and U87 cells were evaluated. Therefore, we concluded that although MUC1 expression was detected in OV2008 and G26 cell lines using this method, MUC1 expression was not detectable in IMCC3 and U87 cell lines. A relatively high cell loss was observed using a light microscope during the incubation and washing steps for all the cell lines except for OV2008.

#### **4.4.3. Cell ELISA using Fixed Cells**

In an attempt to improve the preservation of cells and minimize cell loss during the numerous washing steps, a fixation step with paraformaldehyde was applied in this variant of Cell ELISA. A fixation step is considered to be an effective way to inactivate endogenous peroxidase activity and, subsequently, to minimize the enzyme background problem that is common in eukaryotic cells [14, 20]. Also, to account for the differences in the cell densities and

have comparable results, whole-cell staining with Janus Green was used in this Cell ELISA method, in which the OD values measured at 490 nm were normalized to the Janus Green staining intensity measured at 595 nm ( $[\text{OD}_{490}] / [\text{OD}_{595}]$ ). In addition to the cell lines used in Cell ELISA assay using live cells, a U373 human glioma cell line was used in this assay.

Figure 4.5 shows the OD (normalized to cell number) for various cell lines in Cell ELISA assay using fixed cells. These data show that fixation with paraformaldehyde did not affect the integrity of MUC1 in this assay. The OD indicating expression of MUC1 by OV2008 was 167% higher in Ab1+Ab2 treated cells than the Control Ab2 ( $p < 0.05$ ). This difference was 83% and 101% for IMCC3 and G26 cell lines, respectively. Unlike Cell ELISA assay using live cells, the difference between the OD in Ab1+Ab2 and Control Ab2 for IMCC3 cells in this method was statistically significant ( $p < 0.05$ ). The U87 and U373 human glioma cell lines did not show significant difference ( $p > 0.05$ ) between the OD measured for Ab1+Ab2 and Control Ab2 indicating that MUC1 expression in these cell lines cannot be evaluated using this technique. Therefore, it was concluded that the MUC1 receptor was detected consistently in the two tumor cells lines OV2008 and G26. In addition, using this method, MUC1 also was detected in normal ovarian epithelial cell control IMCC3. However, two human glioma cell lines U87 and U373 showed no detectable levels of MUC1. When the levels of MUC1 in epithelial ovarian carcinoma OV2008 was compared to the MUC1 levels in the normal ovarian epithelial control IMCC3, a statistically significant difference between these two cell lines was found (Figure 4.6). In addition, Figure 4.6 shows a comparison between these two types of Cell ELISA assays, using live and fixed OV2008 and IMCC3 cells. When the OD value at 450 nm obtained for Control Ab2 was subtracted from the OD value obtained for Ab1 +Ab2 ( $[\text{OD}_{450}]_{\text{Ab1+Ab2}} - [\text{OD}_{450}]_{\text{Control Ab2}}$ ), the difference in the expression level of MUC1 between OV2008 and IMCC3 cell lines was

found to be statistically significant ( $p < 0.05$ ) in Cell ELISA using fixed cells, but not in Cell ELISA using live cells.

#### **4.4.4. Flow Cytometry**

To validate the developed Cell ELISA assays, flow cytometry analysis was performed on OV2008 cells. Analysis of the data obtained from flow cytometry using CFlow Plus software showed the expression of MUC1 in OV2008 cells (Figure 4.7). From the representative data, 42.9% of the cells treated with anti-MUC1 primary antibody and PE-conjugated secondary antibody (Ab1+Ab2) and 7.87% of the cells treated with PE-conjugated secondary antibody (Control Ab2 PE) were identified as PE-positive, indicating 35% of the OV2008 cells as MUC1-positive in this experiment and with a similar range of 30% to 45% of MUC1-positive cells in all four experiments.

#### **4.4.5. Western Blot**

Western blot analysis was performed to determine the relative amount of MUC1 protein in OV2008 and U87 cell lines and to further validate experiments using Cell ELISA. The Cell ELISA demonstrated an attenuated expression of MUC1 in U87 and an increased level of MUC1 expression in OV2008 cells. Therefore, whole cell lysates were created in an SDS buffer using OV2008 and U87 cell lines to provide positive and negative controls, respectively.

Figure 4.8A shows equal loading of total cell lysate in both gel lanes (OV2008 and U87) as seen by immunoblotting using anti- $\alpha$ -Tubulin antibody. MUC1 staining resulted in multiple bands ranging in size from approximately 30 to 65 kDa. The most prominent band resolved at approximately 55 kDa in OV2008 cells but not U87. An intense band around 60 kDa was observed in both cell lines. Densitometry analysis of Western blot bands revealed more than a

twofold higher expression level of MUC1 (normalized to  $\alpha$ -Tubulin) in OV2008 when compared to U87 (Figure 4.8B).

#### **4.5. Discussion**

Two variants of Cell ELISA using live and fixed cells are described in this study. Initially, Cell ELISA assay using live cells was performed due to the previously-reported concerns about alteration and/or loss of integrity of cell bound antigens when using fixation [14, 21]. Normal goat serum was used in the blocking agent to block any non-specific binding of goat anti-mouse IgG secondary antibody. As one of the most effective blocking methods, using normal serum from the same host species as the labeled secondary antibody prevents non-specific binding of the labeled IgG antibody. In an effort to optimize the assay, various concentrations of the antibodies were examined in the preliminary experiments for OV2008 cells, and the optimal concentrations of primary and secondary antibody were determined. A significant loss of cell monolayer was observed in Cell ELISA assay using live cells for all the cell lines (except OV2008), in spite of following a gentle washing protocol [20]. The detachment of cells (except OV2008) during the washing steps in this assay resulted in large variations in the number of recovered cells. The expression of MUC1 was detected only for the OV2008 and G26 cell lines in Cell ELISA assay using live cells (as seen in Figure 4.4 and summarized in Table 4.1). Cell ELISA for live cells could not be used for IMCC3 because of the high cell loss.

Therefore, a fixation step was added to both improve cell preservation and to reduce the background due to endogenous peroxidase activity [14, 20]. The use of a fixation step helped to retain a cell monolayer which was confirmed by using whole cell staining with Janus Green at end of the assay. Also, visual inspection of the cell monolayer under the light microscope supported that a cell monolayer was retained using fixation.

Using fixed cells, a significantly higher expression level of MUC1 was detected for the OV2008 cell line when compared to IMCC3 normal control. The results obtained for OV2008 (human ovarian carcinoma cell line) are consistent with the well-documented overexpression of MUC1 in almost all human adenocarcinomas (including 90% of breast, ovarian, pancreatic, colorectal, lung, prostate, and gastric carcinomas) [22-25].

In contrast to Cell ELISA assay with live cells, IMCC3 cells showed MUC1 expression in Cell ELISA assay with fixed cells, due to the sufficient cell numbers available for evaluation and possibly due to the reduced endogenous peroxidase activity.

Although being known as an epithelial-specific antigen, variable levels of MUC1 have been reported to be expressed by many other cancer cells, including astrocytoma, melanoma, and neuroblastoma as well as hematologic malignancies (multiple myeloma and some B-cell non-Hodgkin lymphomas) [12, 26, 27]. The data obtained in this study regarding the relatively low level of MUC1 expression by normal epithelial ovarian cells lines, e.g., IMCC3, when compared to the MUC1 levels expression by ovarian carcinoma of epithelial origin e.g., OV2008, support previously-reported findings by other investigators [23, 28, 29] who used other methodologies for MUC1 detection. This also confirms the reliability of the Cell ELISA assay described here as a method of choice for the detection of MUC1 expression by normal and tumorous epithelial cell lines

To further compare findings regarding MUC1 expression using the Cell ELISA method developed in this study to findings of other investigators using different methodologies, we included additional cell lines such as U87 human glioma cell line reported previously to have no detectable levels of MUC1 [30, 31]. Again, we were able to confirm those previous findings, and the U87 human glioma cell line served in our studies as a negative control.



In addition, we included another human glioma cell line, U373, which has comparable characteristics to the U87 human glioma cell line by not exhibiting the typical and expected migratory capacity *in vivo* when implanted intracerebrally, resulting in extended survival times [32]. Again, our data regarding MUC1 expression were the same for the U373 human glioma cell line as for the U87 glioma, suggesting a possible connection between MUC1 expression and invasiveness of tumor cell lines. Our Cell ELISA assay consistently showed that MUC1 level was not detectable on these two cell lines providing an additional negative control.

However, to further test this possible connection between the expression of MUC1 and the migratory and invasive characteristics of tumor cell lines, we included the G26 glioma cell line, which was shown in our previous study to be highly invasive *in vitro* and *in vivo* in the orthotopic intracerebral mouse model and expressing markers found in immature progenitor cells, which were not found in U87 and U373 glioma [33]. The data from this study showed that this highly invasive and migratory G26 glioma cell line expressed MUC1. In light of this finding, MUC1 could be considered as another marker of tumor cell invasiveness, but this is a focus of a separate and currently ongoing study in our laboratory.

We concluded that fixation of cells (with paraformaldehyde) in the Cell ELISA technique is essential to obtain reliable data. We found that fixation did not interfere with MUC1-antibody binding. This finding is consistent with the previous MUC1 quantification studies using flow cytometry where a fixation step had been applied [10-12]. In addition, the implementation of whole-cell staining with Janus Green in Cell ELISA assay using fixed cells improved the accuracy of the assay by allowing for a normalization of the OD data based on cell numbers.

To validate the developed Cell ELISA assay as an effective method for quantification of MUC1, flow cytometry was performed on OV2008 cells. The percentage of MUC1-positive cells determined by flow cytometry correlated with the Cell ELISA results.

The results of the Cell ELISA assay were validated additionally by Western blotting of OV2008 and U87 cell lines. Multiple bands ranging in size from approximately 30 to 65 kDa were observed for MUC1 staining. Previous studies with Western blotting of MUC1 have clearly demonstrated cleavage of the  $\alpha$ - and  $\beta$ -subunits of MUC1 using SDS [34]. The anti-MUC1 antibody (VU-11D1) was raised against the epitope TSAPDTR, which is found within the variable number tandem repeat (VNTR) region on the extracellular side of the protein [35]. Therefore, the antibody was raised to detect the extracellular side of the protein. Additionally, the extracellular domain of MUC1 can vary significantly in length among different cell lines due to the VNTR domain existing between 20 to 125 repeats among different individuals [36]. Densitometry demonstrated a greater than two-fold increase in MUC1 expression in OV2008 as compared to U87, and this correlates with the results obtained by Cell ELISA. Both flow cytometry and Western blotting analyses correlated well with the Cell ELISA data, thus providing validation for the results.

This Cell ELISA assay offers the convenience of testing various samples in multiple replicates on a single 96-well plate at once while using a small number of cells and reagents and inexpensive equipment.

The overexpression of MUC1 in certain cancer cells makes it an attractive therapeutic target for the design of a drug delivery system based on chitosan, which has been shown to have a strong mucoadhesive property [1, 37]. Having a sensitive and reproducible assay to detect the

expression of MUC1 in various cancer cells is essential for the further development of a previously-published drug delivery system with chitosan hydrogel [38, 39].

In summary, the newly-established Cell ELISA technique using fixed cells described in this paper can be used as a simple method to quantify the expression of MUC1 antigen on the surface of cells of epithelial and neuroectodermal origin in comparison to the normal controls.

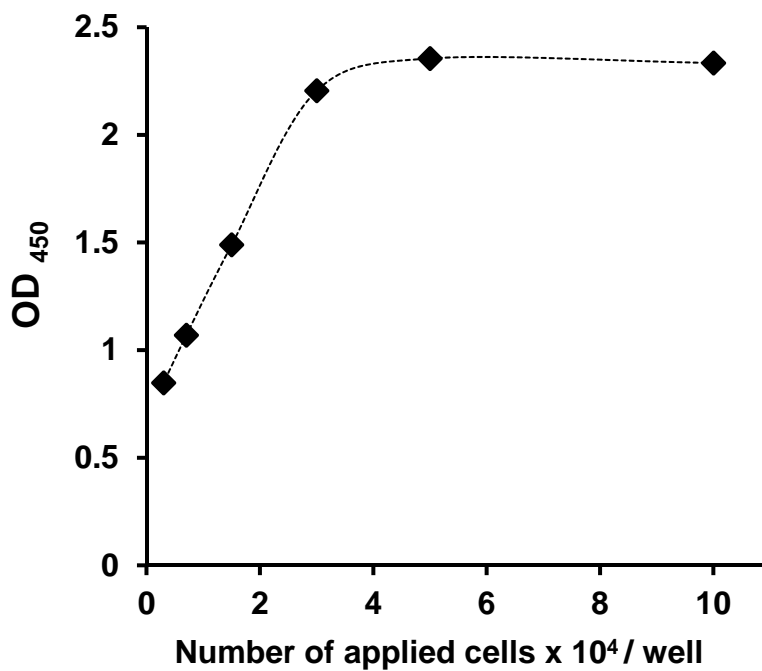


Figure 4.1 Effect of cell seeding density on the efficiency of antibody binding for OV2008 cells in Cell ELISA using fixed cells. The OD level obtained for the secondary antibody (Control Ab2) was subtracted from the OD level obtained for Ab1 +Ab2. The data represent the mean of duplicate samples.

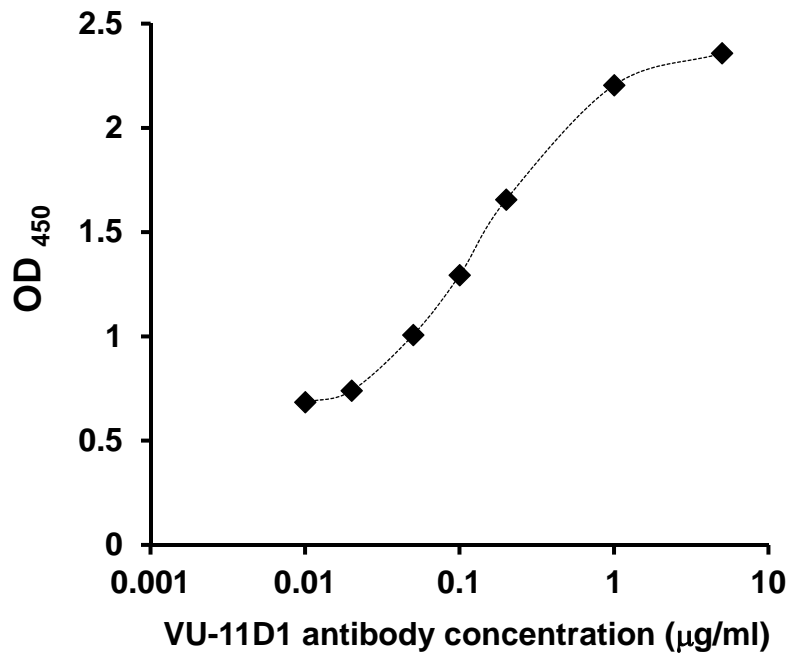


Figure 4.2 Titration of VU-11D1 antibody, OV2008 cells were used at the density of  $3 \times 10^4$  cells/well in Cell ELISA using fixed cells. The OD level obtained for the secondary antibody (Control Ab2) was subtracted from the OD level obtained for Ab1 +Ab2. The data represent the mean of duplicate samples.

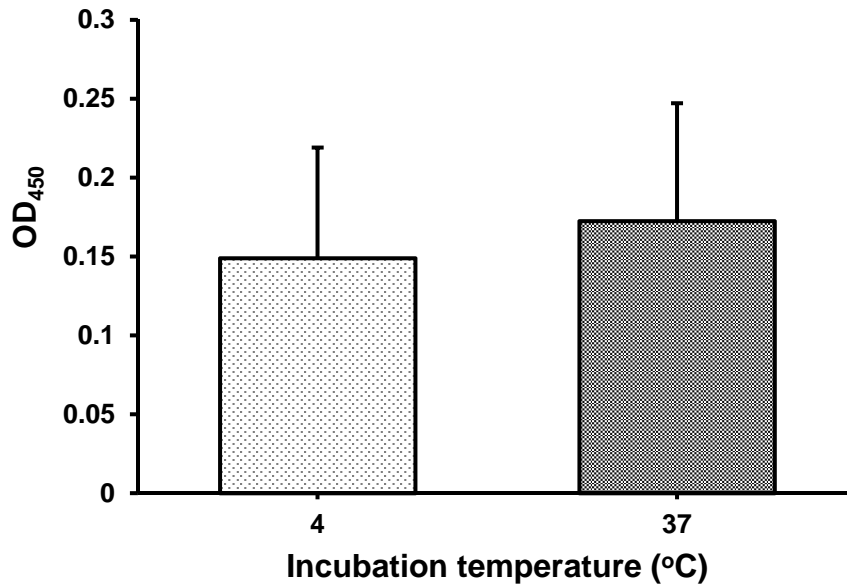


Figure 4.3 Effect of incubation temperature on the efficiency of antibody binding for OV2008 cells in Cell ELISA using live cells. The OD level obtained for the secondary antibody (Control Ab2) was subtracted from the OD level obtained for Ab1 +Ab2. The temperature had no statistically significant effect on the antibody binding efficiency measured as OD. The data represent n=2 experiments with triplicate samples.

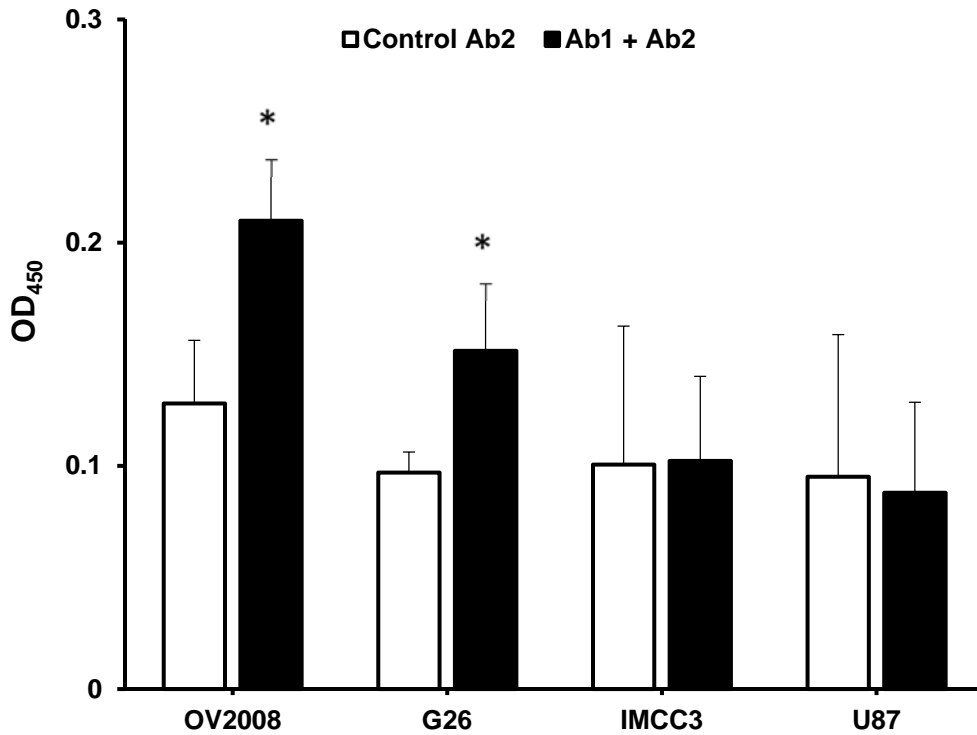


Figure 4.4 Cell ELISA assay using live OV2008, IMCC3, G26 and U87 cell lines. The data represent the mean of OD values for n=3 experiments with triplicate samples for OV2008 and IMCC3 cells and n=1 experiment for G26 and U87 cells with triplicate samples. The statistical significance between Ab1+Ab2 and Control Ab2 was analyzed using Student's t-test: \*, p<0.05.

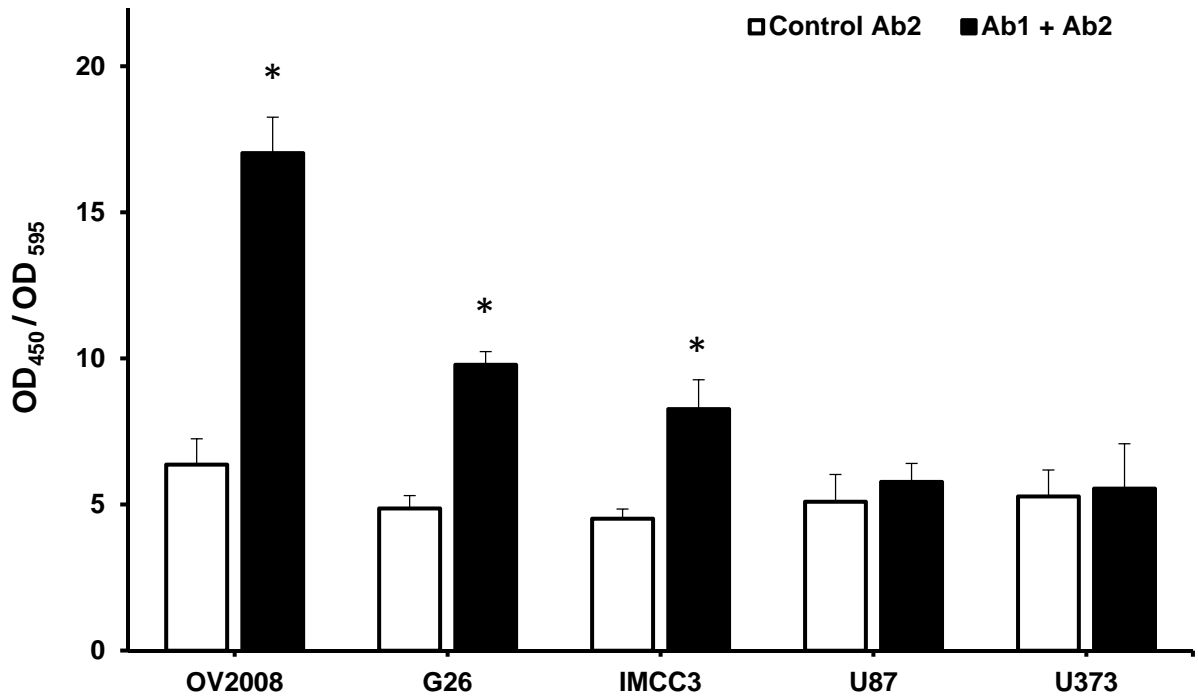


Figure 4.5 Cell ELISA using fixed cells (normalized by cell number) for OV2008, IMCC3, G26, U87, and U373 cell lines. The data represent the mean of OD values for n=4 experiments for OV2008, n=3 experiments for IMCC3, and n=1 experiment for G26, U87, and U373 cell lines all with triplicate samples. The statistical significance between Ab1+Ab2 and Control Ab2 was analyzed using Student's t-test: \*, p<0.05.



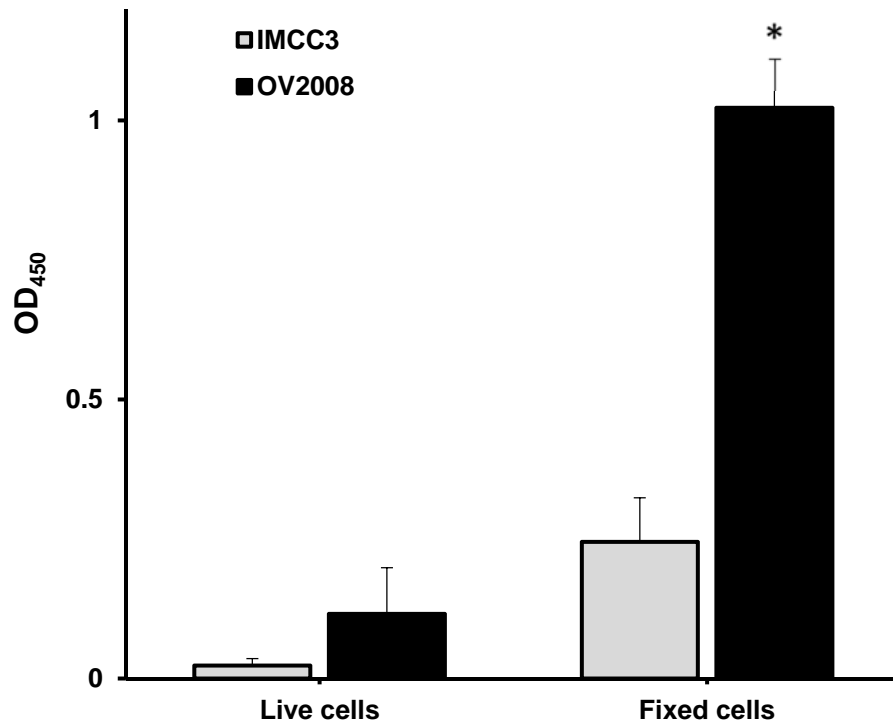


Figure 4.6 Cell ELISA using fixed and live OV2008 and IMCC3 cells. The OD value at 450 nm obtained for Control Ab2 was subtracted from the OD value at 450 nm obtained for Ab1 +Ab2.

The data represent n=3 experiments for live IMCC3 and OV2008 cells, n=3 experiments for fixed IMCC3 cells, and n=4 experiments for fixed OV2008 cells all with triplicate samples. The statistical significance between IMCC3 and OV2008 cell lines was analyzed using Student's t-test: \*, p<0.05.

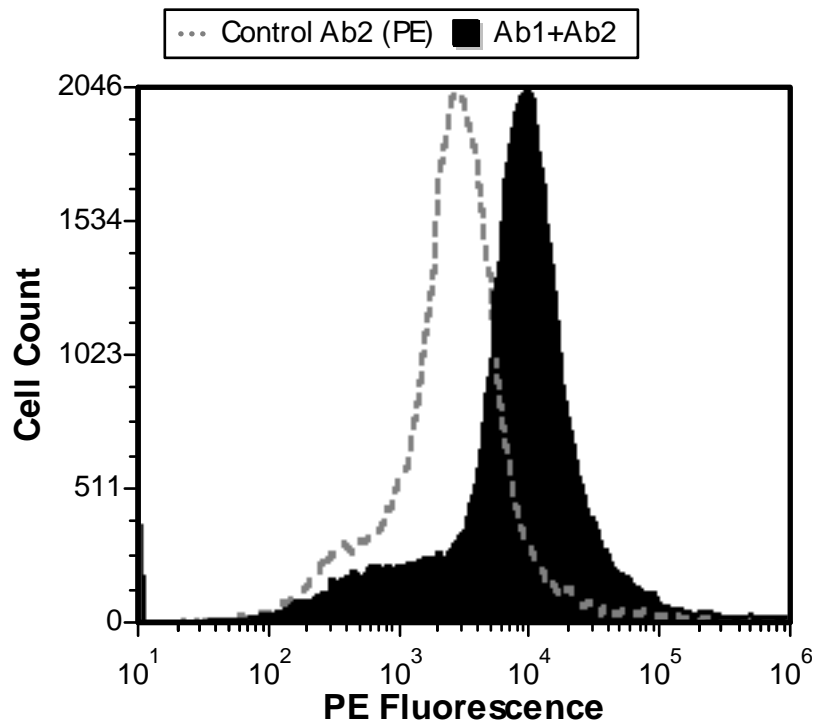


Figure 4.7 Flow cytometric evaluation of MUC1 expression in OV2008 cells. The superimposed peaks in the histogram represent Ab1+Ab2 (cells treated with anti-MUC1 antibody and PE conjugated secondary antibody) (filled black) and Control Ab2 PE (cells treated with PE conjugated secondary antibody) (dashed gray line). The histogram is a representative of four independent experiments.

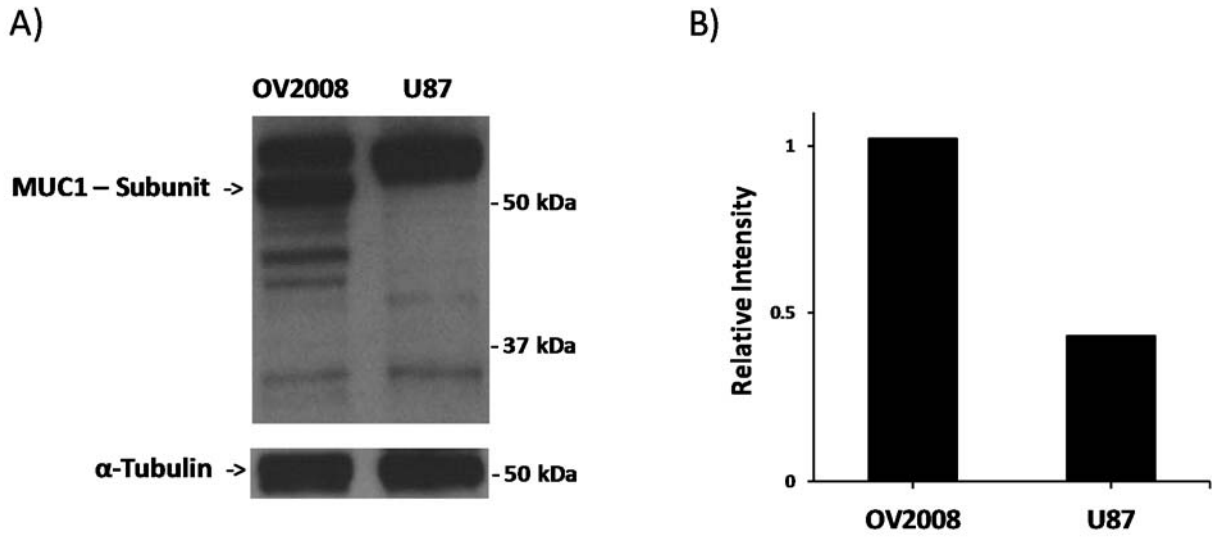


Figure 4.8 Evaluation of MUC1 expression in OV2008 and U87 cell lines using Western blot.

A) Cell lysates were harvested and used at 50  $\mu$ g.  $\alpha$ -Tubulin was used as a sample loading control. B) Quantification of the MUC1 expression was performed with densitometric analysis by ImageJ software and normalized to  $\alpha$ -Tubulin.

Table 4.1 Summary data for Cell ELISA in live cells and Cell ELISA in fixed cells

Cell line	Cell ELISA in live cells <sup>a</sup>	Cell ELISA in fixed cells <sup>b</sup>
OV2008	64%	167%
IMCC3	NS	83%
G26	56%	101%
U87	NS	NS
U373	ND	NS

NS = No significant difference between Ab1+Ab2 and Control Ab2 was found.

ND = Not determined.

$$a \frac{[\text{OD}_{450}]_{\text{Ab1+Ab2}} - [\text{OD}_{450}]_{\text{Control Ab2}}}{[\text{OD}_{450}]_{\text{Control Ab2}}} \times 100$$

$$b \frac{[\text{OD}_{450}/\text{OD}_{595}]_{\text{Ab1+Ab2}} - [\text{OD}_{450}/\text{OD}_{595}]_{\text{Control Ab2}}}{[\text{OD}_{450}/\text{OD}_{595}]_{\text{Control Ab2}}} \times 100$$

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## CHAPTER 5: ATR-FTIR ANALYSIS OF SPECTRAL AND BIOCHEMICAL CHANGES IN GLIOMA CELLS INDUCED BY CHLOROTOXIN

### 5.1. Abstract

Chlorotoxin (CTX) is a small peptide with unique targeting properties towards gliomas and other tumors of the neuroectodermal origin. Despite being investigated in many *in vivo* and *in vitro* targeted drug delivery and imaging studies, the mechanism of interaction between CTX and tumor cells has not been well understood. This study presents a new approach in monitoring the biochemical and biophysical changes in glioma cells after being exposed to CTX using Attenuated Total Reflection Fourier Transform Infra-Red (ATR-FTIR) spectroscopy. In the first part, we characterized the signature spectra of CTX and U87 cells. Next, we evaluated the differences in biochemical compositions of the spectra of the glioma cells treated with and without CTX over different incubation time periods. Our results indicated biochemical changes in U87 cells at different stages of incubation with CTX, with the most notable changes occurring after 30 min of incubation. Detailed comparisons of the spectra of the U87 cells treated with and without CTX for 30 min revealed distinct changes and shifts in the band frequencies associated with proteins and lipids. In particular, a downshift of the band assigned to CH<sub>2</sub> scissoring of lipid membranes from 1454 cm<sup>-1</sup> to 1448 cm<sup>-1</sup> followed by an appearance of a new shoulder at wavenumber of 1465 cm<sup>-1</sup> revealed conformational changes in hydrocarbon chain packing in lipid bilayers of U87 cells due to CTX. Other frequency shifts indicated additional changes in conformation and orientation of lipids and proteins in U87 cells exposed to CTX.



## 5.2. Introduction

Chlorotoxin (CTX) is a 36-amino acid peptide derived from the venom of the scorpion *Leirius quinquestriatus* that preferentially binds to tumor cells of neuroectodermal origin, such as glioma, but not to normal non-transformed cells [1-3].

Several studies have demonstrated its use as an imaging and targeting agent for drug and radioisotope delivery [4-7]. However, the mechanism of interaction of CTX with cancer cells has not been well understood, and it needs to be further evaluated to optimize its use as a targeting compound for cancer cells.

Attenuated Total Reflection Fourier Transform Infra-Red (ATR-FTIR) spectroscopy is a well-established analytical method for the detection of molecular and structural changes in a wide range of chemical and biological samples [8]. As a label-free technique, it has been widely used for various exploratory and diagnostic investigations [9, 10]. A well-studied example is investigating the differences between the spectra of cancerous and non-cancerous cells and tissues [11-15].

In this study, we used ATR-FTIR spectroscopy to analyze the spectral and biochemical changes induced in U87, a glioma cell line, exposed to CTX at different incubation times. First, we characterized the signature spectra of CTX and U87 cells by assigning and evaluating the infrared absorption bands and their second derivatives.

Next, we analyzed the differences in biochemical compositions of the spectra of the glioma cells incubated with and without CTX by calculating the ratios of the areas of the bands corresponding to proteins, lipids, nucleic acids, and carbohydrates. Detailed comparisons of the spectral changes and band shifts also were performed, and possible mechanisms for the observed changes were further discussed.

### **5.3. Materials and Methods**

#### **5.3.1. Cell Line**

U87, a human glioblastoma astrocytoma cell line (American Type Culture Collection) was used in this study. Cells were cultured in Minimum Essential Medium with Earle's Balanced Salts (MEM/EBSS; Hyclone, UT) supplemented with 10% Fetal Bovine Serum (FBS) and 2 mM L-glutamine, penicillin, and streptomycin. Cells were grown in 25 cm<sup>2</sup> culture flasks (Corning, NY) and incubated at 37°C with 5% CO<sub>2</sub>.

#### **5.3.2. Cell Treatment with CTX**

Cells were detached from adherent cultures using trypsinization (0.05% Trypsin/0.53mM EDTA; Corning, NY) and resuspended in the growth medium. After adjusting the cell density to 5×10<sup>5</sup> cells/ml, 250 µl of the cell suspension (1.25×10<sup>5</sup> cells) was placed in micro-centrifuge tubes. Cells received 25 µl of CTX (Iris Biotech, Germany) at a concentration of 10 µM (U87+CTX) or 25 µl of the culture medium (U87) and incubated for incremental time periods ranging from 15 min to 24 h at 37°C in 5% CO<sub>2</sub>. Following the incubation, cells were washed 3 times with 0.9% NaCl solution (Sigma-Aldrich, MO) and centrifuged at 400 g for 5 min to remove the culture medium and the unbound CTX. Cells were then resuspended in 0.9% NaCl solution and adjusted to a density of 5×10<sup>5</sup> cells/ml.

#### **5.3.3. ATR-FTIR Spectroscopy**

The ATR-FTIR spectra were obtained using a Nicolet 6700 spectrometer (Thermo Scientific, WI). A total of 100 µl of the prepared cell suspensions was introduced onto a 45° ZnSe flat crystal (Thermo Scientific, WI) and allowed to air dry for 1 hr. To remove any excess water, the formed films were exposed to an ultrapure nitrogen flux before collecting the spectra. The spectra in the 4000-400 cm<sup>-1</sup> region were collected using 300 scans at a spectral resolution of

4  $\text{cm}^{-1}$ . It should be noted that both U87+CTX and U87 cells were washed after incubation and before taking the spectra; therefore, the interference of unbound CTX was eliminated from the spectra.

#### **5.3.4. Data Analysis**

The data analysis was performed using OMNIC software (Thermo Scientific, WI). To ensure appropriate comparison between different samples, all the spectra were baseline corrected and normalized to amide I band at 1655  $\text{cm}^{-1}$ . The complexity of the cell structure due to the presence of proteins, lipids, carbohydrates, and nucleic acids results in broad and superimposed bands in several spectral regions. As a resolution enhancement technique, the second derivative of each processed spectrum was calculated using Savitsky–Golay derivative function to resolve broad and overlapping bands into individual bands and eliminate possible artifacts. The areas under specific peaks in the absorbance spectrum were measured using OMNIC software. The subregion for each peak was selected based on the range of the peak resolved using the secondary derivative spectrum. This analysis was performed in triplicate. Statistical analysis was carried out using the Microsoft Excel Analysis Tool Pack. The data presented as descriptive statistical parameters (mean and SD). The Student's t-test was used to assess the statistical significance of the differences between U87 cells incubated in the absence and presence of chlorotoxin. \*\*  $p < 0.01$  and \*  $p < 0.05$  were considered to be statistically significant.

### **5.4. Results and Discussion**

#### **5.4.1. Vibrational Assignments**

##### **5.4.1.1. Chlorotoxin (CTX)**

The absorption and the second derivative spectra of CTX are shown in Figure 5.1a, b. The characteristic frequency values and detailed assignments of the major bands are listed in

Table 5.1. The most prominent bands were observed at  $1645\text{ cm}^{-1}$  and  $1545\text{ cm}^{-1}$  assigned to amide I and amide II  $\alpha$ -helical structures, respectively. The band at  $1516\text{ cm}^{-1}$  was associated with  $\nu(\text{C-C})$  and  $\delta(\text{C-H})$  of Tyrosine ring. Similarly, the  $1446\text{ cm}^{-1}$  peak was assigned to  $\delta(\text{CH}_2)$  of Tyrosine and Phenylalanine amino acid side chains present in CTX. The peaks at  $1408\text{ cm}^{-1}$  and  $1388\text{ cm}^{-1}$  were assigned to  $\nu(\text{C-N})$  of Glutamine and Methionine and  $\delta_w(\text{CH}_2)$  of Tyrosine, respectively. The strong amide I and amide II bands observed in the spectrum of CTX were both associated with the  $\alpha$ -helical structure. This was in accordance with the Nuclear Magnetic Resonance (NMR) studies where the solution structure of CTX has been shown to be mainly an  $\alpha$ -helix packed against a small  $\beta$ -sheet and cross-linked by three disulfide bonds [16].

#### **5.4.1.2. U87 Cells**

The absorption and the second derivative spectrum of U87 cells are shown in Figure 5.2a–d. The  $3000\text{--}2820\text{ cm}^{-1}$  spectral region (Figure 5.2a, c) includes the bands that are associated with symmetric and antisymmetric stretching vibrations of  $\text{CH}_3$  and  $\text{CH}_2$  groups, mainly from lipids. Whereas the strong amide I band at  $1655\text{ cm}^{-1}$  (Figure 5.2b, d) represents  $\alpha$ -helical structure of proteins, the band at  $1635\text{ cm}^{-1}$  is associated with  $\beta$ -sheet secondary structure of proteins in U87 cells. The shoulder at  $1684\text{ cm}^{-1}$  also corresponds to antiparallel  $\beta$ -sheet structure of proteins [17]. The band at  $1543\text{ cm}^{-1}$  was assigned to amide II. The band at  $1739\text{ cm}^{-1}$  is primarily associated with stretching vibrations of lipid ester carbonyls [18, 19]. A list of detailed characteristics of all the major bands in the spectra of U87 cells is given in Table 5.2.

#### **5.4.2. Analysis of the Integrated Area Ratios**

Calculating the ratios of the areas of the bands corresponding to proteins, lipids, nucleic acids, and carbohydrates is one of the Feature Extraction (FE) techniques that has been used for the analysis of the spectra of the biological materials [20]. To monitor the biochemical changes

in U87 cells induced by CTX at different incubation time points, the ratios of the integrated areas of the bands at  $1740\text{ cm}^{-1}$ , amide II ( $1543\text{ cm}^{-1}$ ),  $1080\text{ cm}^{-1}$ , and  $1050\text{ cm}^{-1}$  corresponding to lipids, proteins, nucleic acids, and carbohydrates were calculated and compared to those of U87 cells without CTX treatment.

Figure 5.3 shows the ratio of the areas under amide II and  $1742\text{ cm}^{-1}$  bands corresponding to protein and lipid, respectively [21]. The most significant change occurred for U87 cells after 30 min of incubation with CTX, where the protein-to-lipid ratio had a 65% increase (\*\* $p < 0.01$ ) compared to U87 cells without CTX treatment. Similarly, 21% and 33% increases in protein-to-lipid ratio (\*\* $p < 0.01$ ) were found for U87 cells incubated with CTX (U87+CTX) for 15 min and 1 h compared to U87 cells. This increase implies the cellular uptake of CTX in U87 cells incubated with CTX. Whereas 2 h of incubation resulted in an 18% increase in the ratio (\* $p < 0.05$ ) for U87+CTX cells compared to U87, no significant difference of this ratio was found between U87 and U87+CTX after 3 h and 24 h of incubation.

The changes in amide II:  $1080\text{ cm}^{-1}$  area ratio (representing protein-to-nucleic acid ratio) in U87 and U87+CTX cells at different incubation times are shown in Figure 5.4. A 33% increase (\* $p < 0.05$ ) for this ratio occurred for U87 cells incubated with CTX for 30 min compared to U87 cells. No significant difference of this ratio was found between U87 and U87+CTX for other incubation time points.

The ratios of the areas under amide II and  $1050\text{ cm}^{-1}$  bands corresponding to protein and carbohydrate, respectively, are shown in Figure 5.5. A 70% and 41% increase (\*\* $p < 0.01$ ) for this ratio occurred for U87 cells incubated with CTX for 1 h and 30 min compared to U87 cells. Similarly, 22% and 27% increase in protein-to-carbohydrate ratio (\* $p < 0.05$ ) were found for U87

cells incubated with CTX (U87+CTX) for 2 h and 24 h compared to U87 cells. No significant difference of this ratio was found between U87 and U87+CTX for 3 h.

As can be seen in Figures. 5.3, 5.4, and 5.5, significant differences between U87+CTX and U87 cells were found for all the measured ratios after 30 min of incubation. Therefore, the spectra of this time point were selected for detailed evaluation of the spectral changes in the following section.

### **5.4.3. Spectral Changes for U87 Cells after 30 min Treatment with CTX**

Detailed comparisons between the spectra of U87 and U87+CTX cells were performed in the following three spectral regions.

#### **5.4.3.1. 1760–1480 $\text{cm}^{-1}$**

Figure 5.6 shows the absorption and second derivative spectra of U87 cells incubated with and without CTX for 30 min in the frequency region of 1760–1480  $\text{cm}^{-1}$ . Several spectral shifts occurred for U87+CTX peaks compared to those of U87 cells in this region, which can be easily traced in the second derivative spectra shown in Figure 5.6. It can be seen that the peak at 1739  $\text{cm}^{-1}$  associated with  $\nu(\text{C}=\text{O})$  of ester groups, primarily from lipids and fatty acids in U87 cells, shifted to 1744  $\text{cm}^{-1}$  for U87+CTX. Also, the shoulder at 1718  $\text{cm}^{-1}$  diminished and almost disappeared for U87+CTX cells.

The bands around 1740 and 1730  $\text{cm}^{-1}$  have been reported to reflect the stretching vibrations of non-hydrogen bonded and hydrogen bonded lipid ester carbonyls, respectively [17, 18]. They have been used to probe the changes in physical packing of lipid bilayers where tightly packed lipids show a lower portion of hydrogen-bonded carbonyls due to the lower water penetration into the interfacial region of the bilayer. Therefore, the observed upshift of the band at 1739 to 1744  $\text{cm}^{-1}$  is indicative of an increase in the amount of non-hydrogen bonded lipid

ester carbonyls in the membrane bilayers of U87+CTX cells compared to U87 cells, suggesting that CTX induces changes in physical packing of U87 cell membranes. This is in agreement with previous studies in which the incorporation of a protein into lipid bilayer membranes resulted in an increase in the percentage of non-hydrogen bonded lipid ester carbonyls [18, 22].

Along with these changes, other shifts in this region were observed for amide I peaks, including upshifts of the bands at  $1684\text{ cm}^{-1}$  and  $1653\text{ cm}^{-1}$  for U87 cells to  $1688\text{ cm}^{-1}$  and  $1656\text{ cm}^{-1}$  for U87+CTX cells, respectively. These upshifts are indicative of conformational changes [18, 22]. Also, the shoulder at  $1635\text{ cm}^{-1}$  assigned to amide I,  $\beta$ -sheet secondary structure diminished and almost disappeared for U87+CTX cells. This further confirms that secondary structure of proteins was affected by CTX. As can be seen in Figure 5.6, the amide II band had a  $6\text{ cm}^{-1}$  upshift in the spectra of U87+CTX cells compared to U87 cells. As shown in several studies, the frequency changes in amide bands correlate with the strength alterations of the hydrogen bonds [22-24]. While an upshift represents weakening of hydrogen bonds in stretching vibrations, it indicates stronger hydrogen bonds for bending vibrations [23]. It has been shown that the shifts of amide II band induced by hydrogen bonding derive predominantly from N-H bending [25]. Therefore, the observed upshift of amide II band in the spectra of U87+CTX compared to U87 cells indicates an increase in N-H hydrogen bonding within transmembrane proteins. Other changes included two shifts of the peaks at frequencies of  $1513\text{ cm}^{-1}$  and  $1492\text{ cm}^{-1}$  for U87 cells to  $1516\text{ cm}^{-1}$  and  $1496\text{ cm}^{-1}$  for U87+CTX cells, respectively. All the changes are summarized in Table 5.3.

#### **5.4.3.2. 1480–1280 $\text{cm}^{-1}$**

Comparative representations of the absorption and second derivative spectra of U87 cells incubated with and without CTX for 30 min in the frequency region of  $1480\text{--}1280\text{ cm}^{-1}$  are

shown in Figure 5.7. A new shoulder appeared at  $1465\text{ cm}^{-1}$  for U87+CTX cells, which was assigned to  $\text{CH}_2$  scissoring of lipids.

The peak at  $1454\text{ cm}^{-1}$  assigned to asymmetric  $\text{CH}_2$  and  $\text{CH}_3$  in plane bending vibrations in lipids for U87 cells downshifted to  $1448\text{ cm}^{-1}$  for U87+CTX cells. The shifts in  $\text{CH}_2$  scissoring bands have been reported to associate with the changes in conformational orders and chain packing of lipid molecules [22, 26]. In particular, a downshift of the  $\text{CH}_2$  scissoring bands has been associated with transitions from typical highly-ordered orthorhombic phases to a metastable hexagonal phase [22, 26]. Therefore, the observed downshift along with the appearance of the shoulder at  $1465\text{ cm}^{-1}$  indicates the changes in the conformational ordering and lateral packing of the hydrocarbon chains of the lipid molecules in U87 cell membranes induced by CTX. Similar changes also were observed for U87+CTX cells after 15 min and 1 h of incubation (data not shown).

A large upshift of  $9\text{ cm}^{-1}$  was observed for the  $1341\text{ cm}^{-1}$  peak of U87 cells assigned to  $\text{CH}_2$  wagging of phospholipid, fatty acid, triglyceride, and amino acid side chains, where it shifted to  $1350\text{ cm}^{-1}$  for U87+CTX cells. The  $\text{CH}_2$  wagging modes have been used to monitor the conformational sequences and *trans-gauche* isomerization of acyl chain in lipid bilayers [26, 27]. While the wagging mode at  $1341\text{ cm}^{-1}$  reflects an end-*gauche* conformation, the band at  $1354\text{ cm}^{-1}$  corresponds to double-*gauche* conformations [26]. Thus, the observed upshift of  $\text{CH}_2$  wagging band from  $1341$  to  $1350\text{ cm}^{-1}$  clearly indicates a change in the conformational orders of acyl chains in lipid bilayers.

In addition, an increase in the number of *gauche* conformers has been associated with an increase in disordering of the lipid bilayers [26, 28], suggesting that the upshift of  $\text{CH}_2$  wagging



band is indicative of an increase in conformational disorders of acyl chains in lipid bilayers of U87 cells due to CTX.

#### **5.4.3.3. 1280–880 cm<sup>-1</sup>**

The absorption and second derivative spectra of U87 cells incubated with and without CTX for 30 min in the frequency region of 1280–880 cm<sup>-1</sup> are shown in Figure 5.8. This region includes the absorbance of infrared mainly due to the presence of phosphates, carbohydrates, and nucleic acids. Two major shifts were observed for U87+CTX cells compared to U87 cells after 30 min of incubation in this region. The 1051 cm<sup>-1</sup> peak for U87 cells assigned to stretching vibrations of COH group in carbohydrates (polysaccharides or glycogen) had a 4 cm<sup>-1</sup> downshift to 1047 cm<sup>-1</sup> for U87+CTX cells. Also, the 916 cm<sup>-1</sup> peak assigned to ribose ring vibration of RNA for U87 cells upshifted to 922 cm<sup>-1</sup> for U87+CTX cells. All the spectral changes for U87 cells after 30 min of treatment with CTX are summarized in Table 5.3.

### **5.5. Conclusions**

We used ATR-FTIR spectroscopy to evaluate the biochemical changes in U87 glioma cells in response to incubation with CTX at different time intervals. The analysis of the integrated area ratios of the bands corresponding to major biochemical components (protein-to-lipid, protein-to-carbohydrate and protein-to-nucleic acid) indicated that the most significant changes between U87 and U87+CTX cells occurred at the incubation period of 30 min.

Comparisons of the different regions of the spectra for U87 and U87+CTX cells incubated for 30 min revealed distinct changes and shifts in the band frequencies. The band at 1739 cm<sup>-1</sup> associated with  $\nu(\text{C}=\text{O})$  of lipids shifted to 1744 cm<sup>-1</sup>, indicating an increase in the percentage of non-hydrogen bonded lipid ester carbonyls in U87+CTX cells compared to U87 cells. The shifts of the amide I bands associated with the conformational changes in

transmembrane proteins of U87+CTX cells compared to U87 cells. The upshift of the amide II band further confirmed the conformational changes and indicated an increase in N-H hydrogen bonding within transmembrane proteins.

The most significant changes occurred for the bands associated with CH<sub>2</sub> deformations, indicating lipid fatty acyl chain disorders. First, the 6 cm<sup>-1</sup> downshift of the CH<sub>2</sub> scissoring band at 1454 cm<sup>-1</sup> along with the appearance of the shoulder at 1465 cm<sup>-1</sup> indicated conformational alteration in ordering and lateral packing of the hydrocarbon chains of the lipid molecules, suggesting transitions of the lipid chains from highly-ordered orthorhombic phases to a metastable hexagonal phase. This was further supported by 9 cm<sup>-1</sup> upshift of the band at 1341 cm<sup>-1</sup> associated with CH<sub>2</sub> wagging, which indicated an increase in the number of *gauche* conformers, implying an increase in conformational disorders of acyl chains in lipid bilayers of U87+CTX cells compared to U87 cells due to CTX. These findings are particularly interesting, as they suggest CTX introduces disorders in lipid acyl chains of the lipids in U87+CTX cell membranes.

Our results indicate that ATR-FTIR can be used to monitor the biochemical changes induced in glioma cells by CTX. Also, we were able to detect important conformational and structural changes in glioma cells due to CTX.

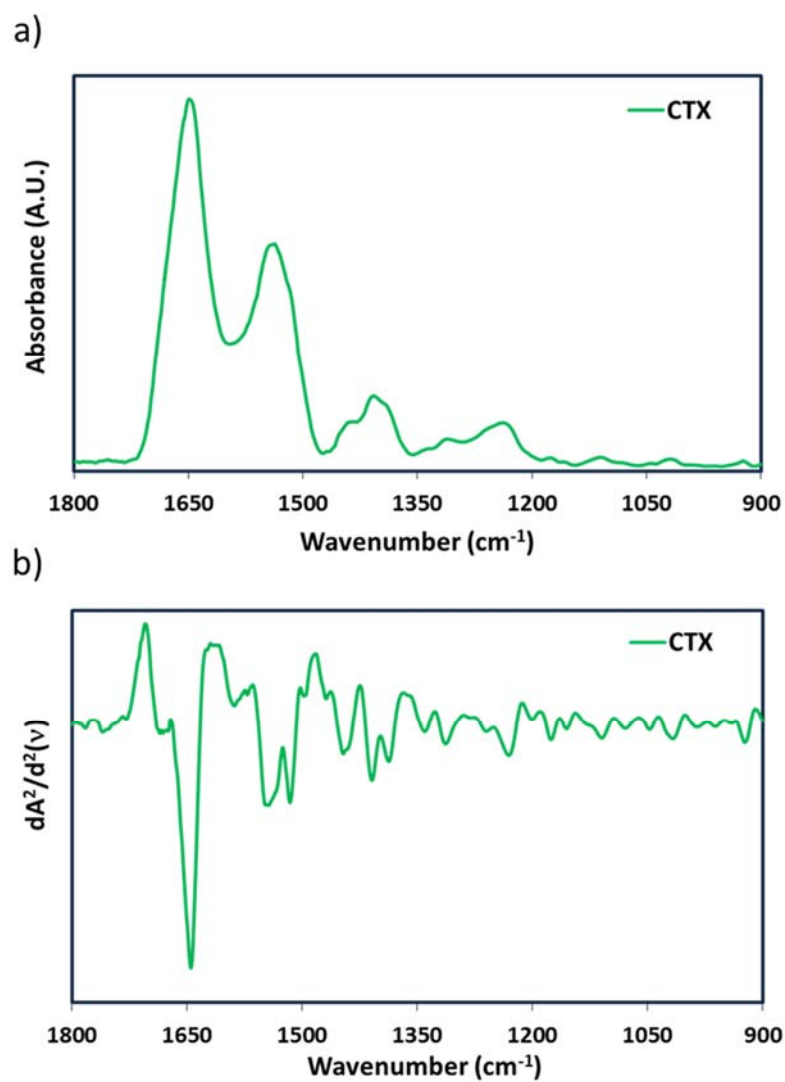


Figure 5.1 Absorption (a) and corresponding second derivative (b) spectra of CTX in frequency region of 1800–900 cm<sup>-1</sup>

Table 5.1 Frequencies and assignments of major absorption peaks in ATR-FTIR spectra of CTX

Wavenumber (cm <sup>-1</sup> )	Assignment	Major Contribution
1760	$\nu(\text{C}=\text{O})$	Aspartic acid [29]
1680	$\nu(\text{C}=\text{O})$	Glutamine [29]
1645	$\nu(\text{C}=\text{O})$	Amide I, $\alpha$ -helix [30, 31]
1589	$\delta(\text{NH}_2)$	Glutamine [29]
	$\nu(\text{C}-\text{C})$ ring	Phenylalanine, Tyrosine
1545	$\delta(\text{N}-\text{H}) + \nu(\text{C}-\text{N})$	Amide II
1516	$\nu(\text{C}-\text{C})$ ring + $\delta(\text{C}-\text{H})$	Tyrosine [17, 29]
1446	$\delta(\text{CH}_2)$	Phenylalanine, Tyrosine [29, 31, 32] Glutamine Proline
1409	$\nu(\text{C}-\text{N})$	Glutamine [17, 29, 32] Methionine
1387	$\delta_w(\text{CH}_2)$	Tyrosine [29]
1340	$\delta(\text{CH})$	Cysteine [29, 32]
	$\delta_t(\text{CH}_2)$	Proline
1313	$\delta(\text{CH}_2)$	Glutamine [29, 32]
1231	$\nu(\text{CO})$	Tyrosine [29, 33]
1175	$\delta(\text{CH}_2) +$ $\delta(\text{COH})$	Tyrosine [29, 32]
1155	$\nu(\text{C}-\text{O})$	Threonine [29]
1109	$\gamma(\text{CH}_2)$	Histidine [29]
1017	$\nu(\text{C}=\text{C})$ ring	Histidine [29]
923	$\gamma$ ring $\nu(\text{C}-\text{C})$	Histidine [29]

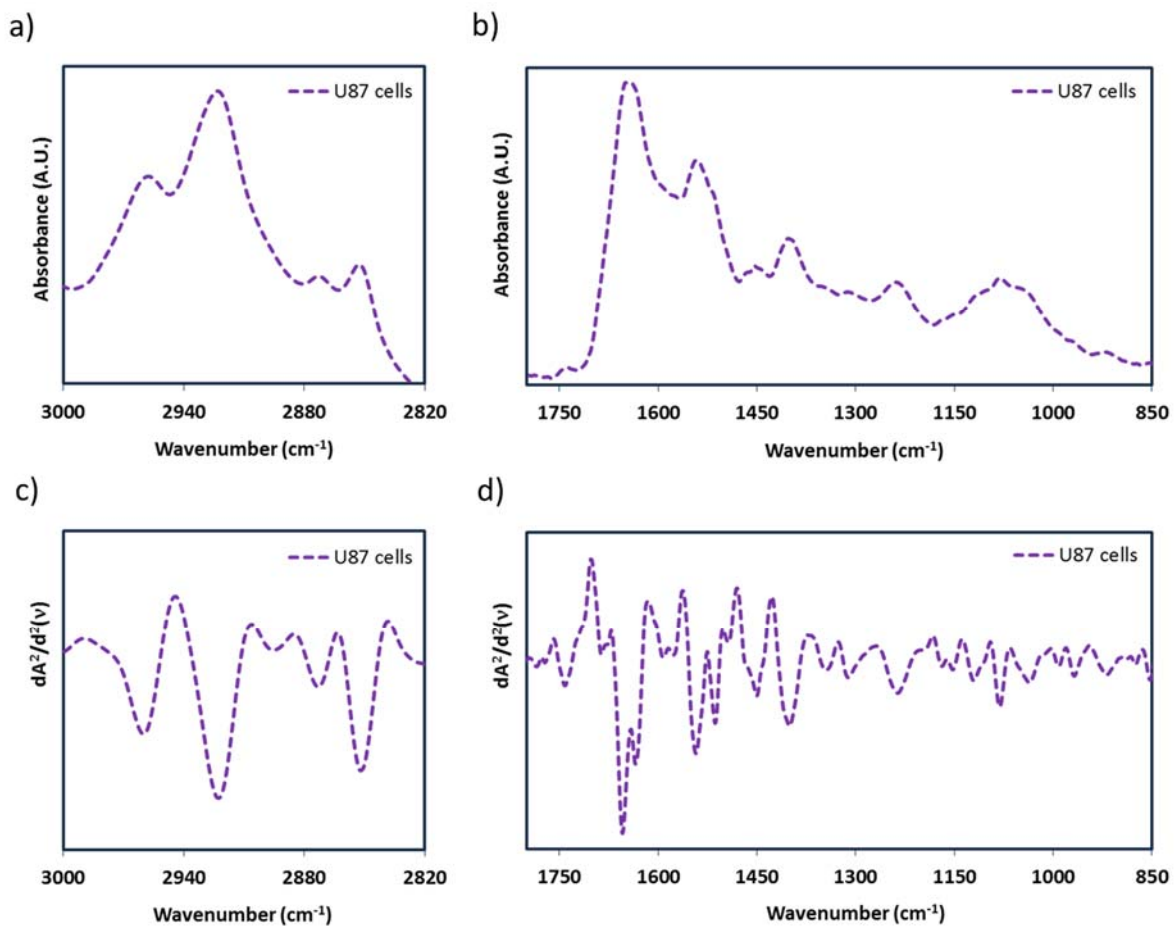


Figure 5.2 Absorption and second derivative spectra of U87 cells in frequency region of 3000–2820 cm<sup>-1</sup> (a, c) and 1800–850 cm<sup>-1</sup> (b, d)

Table 5.2 Band assignments of major peaks in IR spectra of U87 cells in 2980–900 cm<sup>-1</sup> region

Wavenumber (cm <sup>-1</sup> )	Assignment	Major Contribution
2960	$\nu_{\text{as}}(\text{CH}_3)$	Saturated fatty acids
2922	$\nu_{\text{as}}(\text{CH}_2)$	Saturated fatty acids
2873	$\nu_{\text{s}}(\text{CH}_3)$	Saturated fatty acids
2851	$\nu_{\text{s}}(\text{CH}_2)$	Saturated fatty acids
1739	$\nu(\text{C}=\text{O})$	Phospholipids – cholesterol ester
1684	Amide I, antiparallel $\beta$ -sheet	Protein
1655	Amide I, $\alpha$ -helix	Protein
1635	Amide I, $\beta$ -sheet	Protein
1584	$\nu_{\text{as}}(\text{COO}^-)$ $\nu(\text{C}-\text{C})$ tyrosine	Protein [29, 33]
1543	Amide II	Protein
1455	$\delta_{\text{as}}(\text{CH}_2)$ , $\delta_{\text{as}}(\text{CH}_3)$	Mainly lipids, with small contribution from proteins [11, 12, 19, 34, 35]
1400	$\nu_{\text{s}}(\text{C}=\text{O})$ of $\text{COO}^-$ $\delta_{\text{s}}(\text{CH}_2)$ , $\delta_{\text{s}}(\text{CH}_3)$	Lipids and proteins [11, 35]
1342	$\text{CH}_2$ wagging	Phospholipid, fatty acid, amino acid side chains [13, 19]
1312	$\nu(\text{C}-\text{N})$	Proteins [36]
1237	$\nu_{\text{as}}(\text{PO}_2^-)$	Mainly nucleic acids, with small contribution from phospholipids
1170	$\nu_{\text{as}}(\text{C}-\text{O})$ CO-O-C ester bonds	Phospholipids – cholesterol ester
1150	$\nu(\text{C}-\text{O})$ , $\gamma(\text{COH})$	Carbohydrates
1120	$\nu(\text{C}-\text{O})$	Ribose ring – RNA [19, 37]
1083	$\nu_{\text{s}}(\text{PO}_2^-)$	Nucleic acids, weak glycogen
1041	$\nu(\text{COH})$	Polysaccharides, glycogen [11, 19]
992	$\nu(\text{C}-\text{O})$ , $\nu(\text{C}-\text{C})$ $\nu_{\text{s}}(\text{PO}_4^-)$	Ribose – RNA [38] RNA [11]
966	$\nu(\text{C}-\text{O})$ , $\nu(\text{C}-\text{C})$ $\nu_{\text{s}}(\text{PO}_4^-)$	Deoxyribose – DNA [38] Phosphorylated proteins and nucleic acids [11]
917	$\nu(\text{COP})$	Phosphorylated protein [39] Ribose ring: RNA [19, 40]

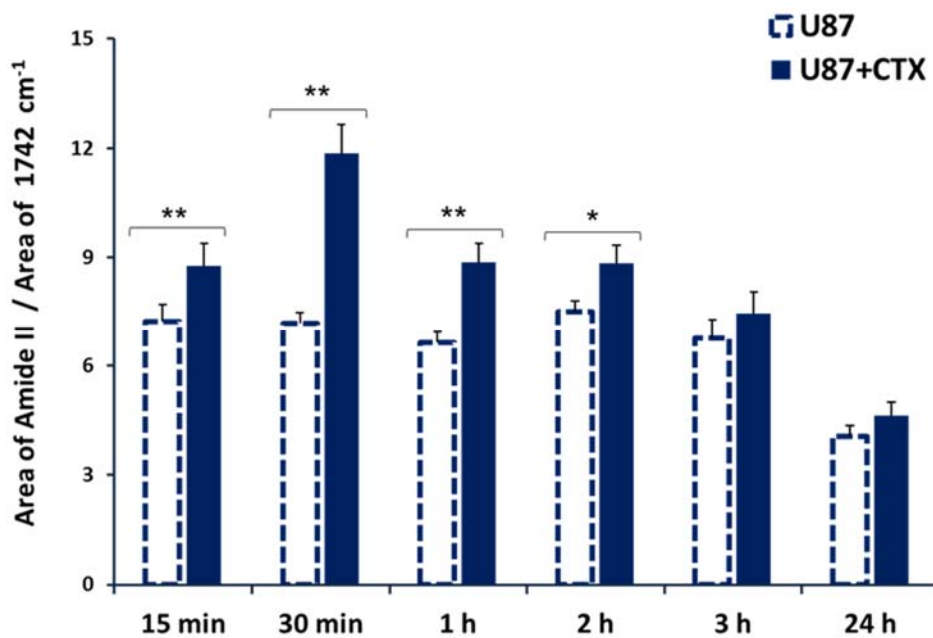


Figure 5.3 Comparisons of amide II/ 1742  $\text{cm}^{-1}$  area ratios for U87 cells with and without CTX treatment at different incubation time points. Data represent mean  $\pm$  SD for n=3 measurements. Statistical significance between U87 and U87+CTX analyzed using Student's t-test: \*\*p<0.01 and \*p<0.05

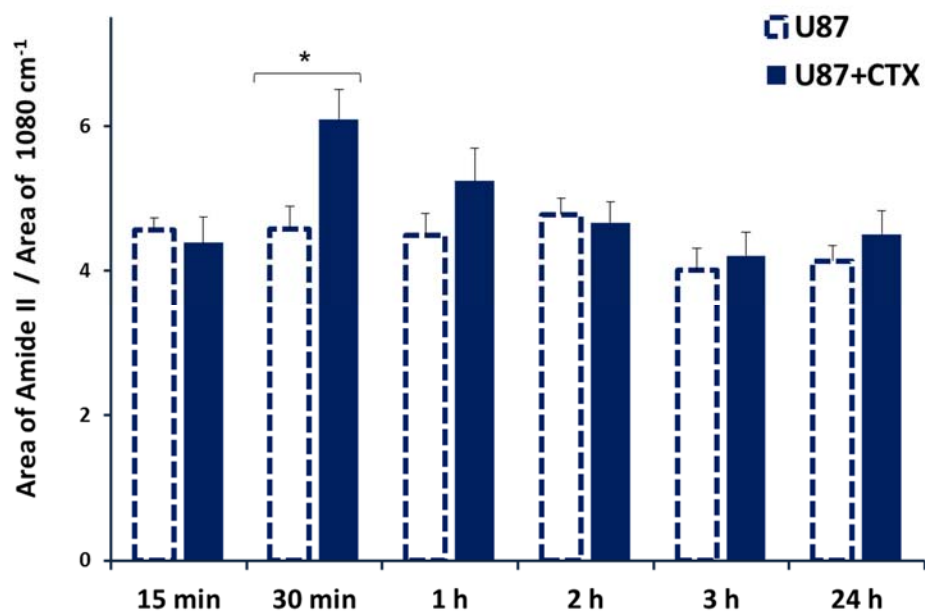


Figure 5.4 Comparisons of amide II/ 1080  $\text{cm}^{-1}$  area ratios for U87 cells with and without CTX treatment at different incubation time points. Data represent mean  $\pm$  SD for n=3 measurements. Statistical significance between U87 and U87+CTX analyzed using Student's t-test: \*p<0.05



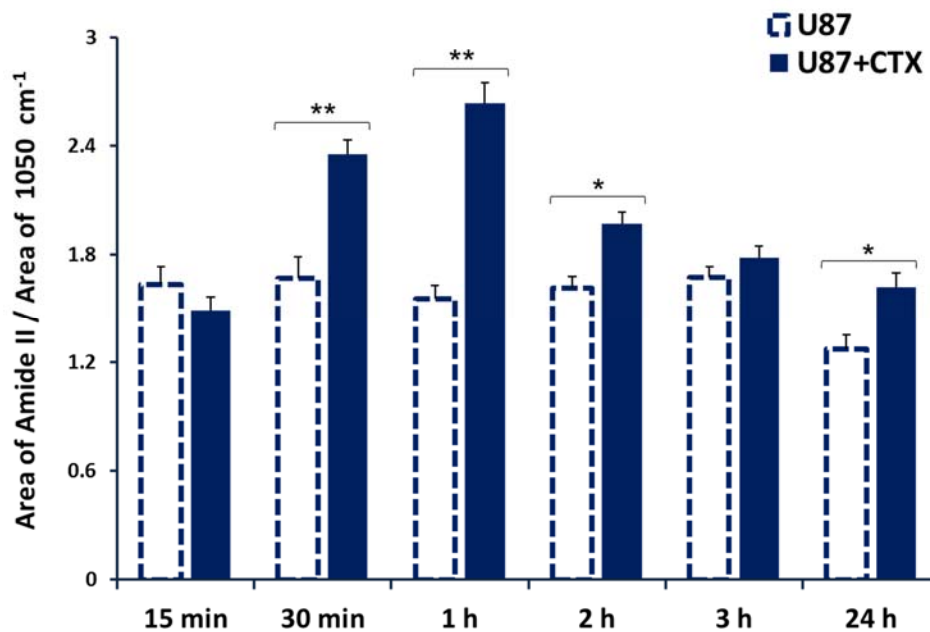


Figure 5.5 Comparisons of amide II/ 1050 cm<sup>-1</sup> area ratios for U87 cells with and without CTX treatment at different incubation time points. Data represent mean ± SD for n=3 measurements. Statistical significance between U87 and U87+CTX analyzed using Student's t-test: \*\*p<0.01 and \*p<0.05

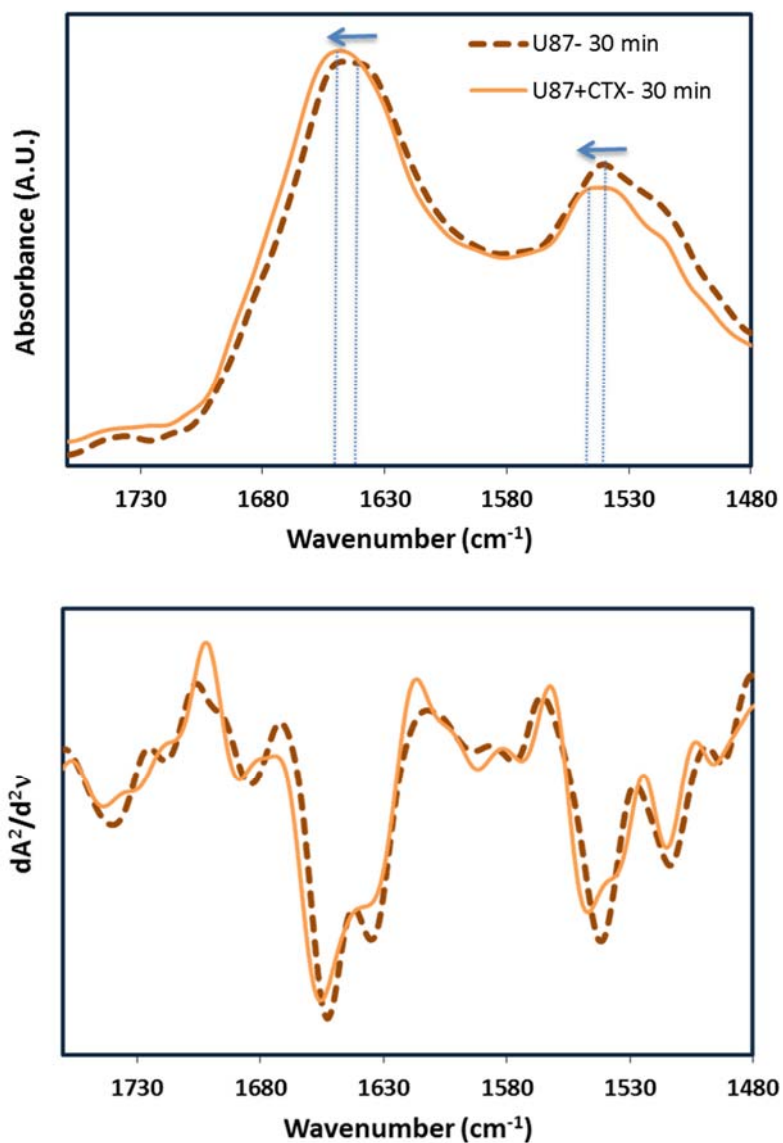


Figure 5.6 Absorption and second derivative spectra of U87 cells incubated with and without CTX for 30 min in frequency region of 1760–1480  $\text{cm}^{-1}$

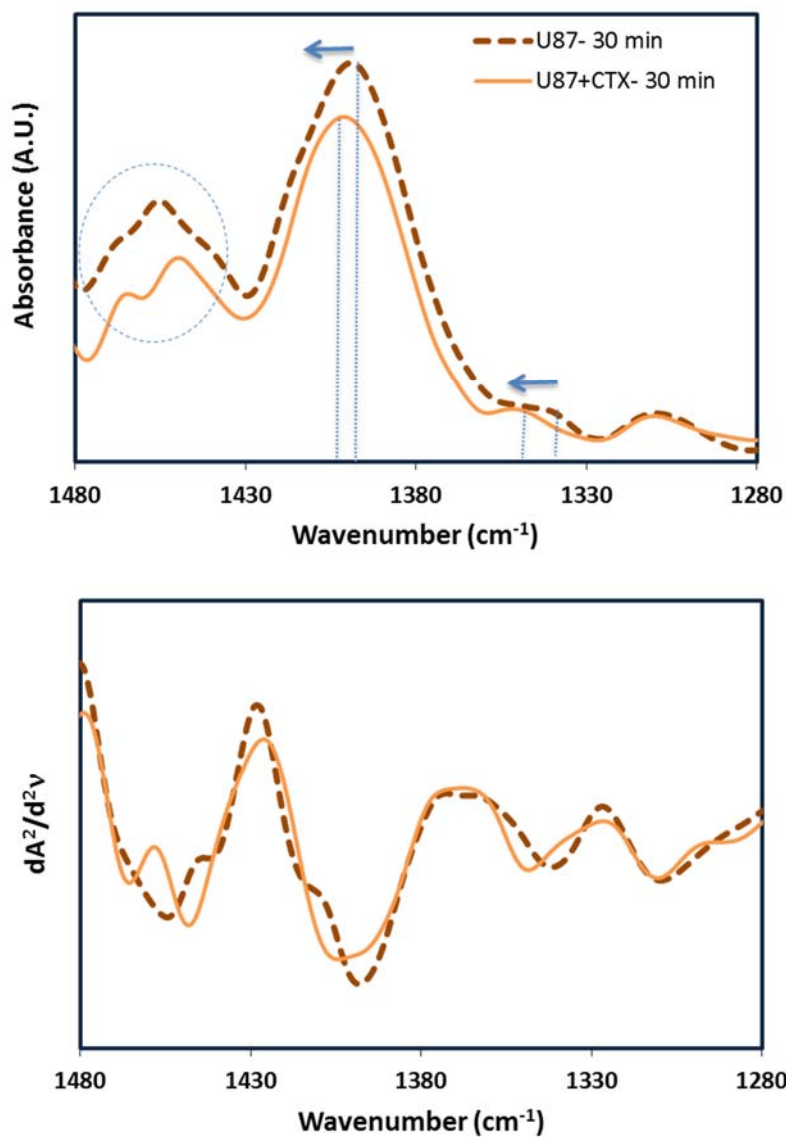


Figure 5.7 Absorption and second derivative spectra of U87 cells incubated with and without CTX for 30 min in frequency region of 1480–1280  $\text{cm}^{-1}$ . The spectral differences between U87 and U87+CTX were found mainly for the bands associated with  $\text{CH}_2$  deformations indicating lipid fatty acyl chain disorders

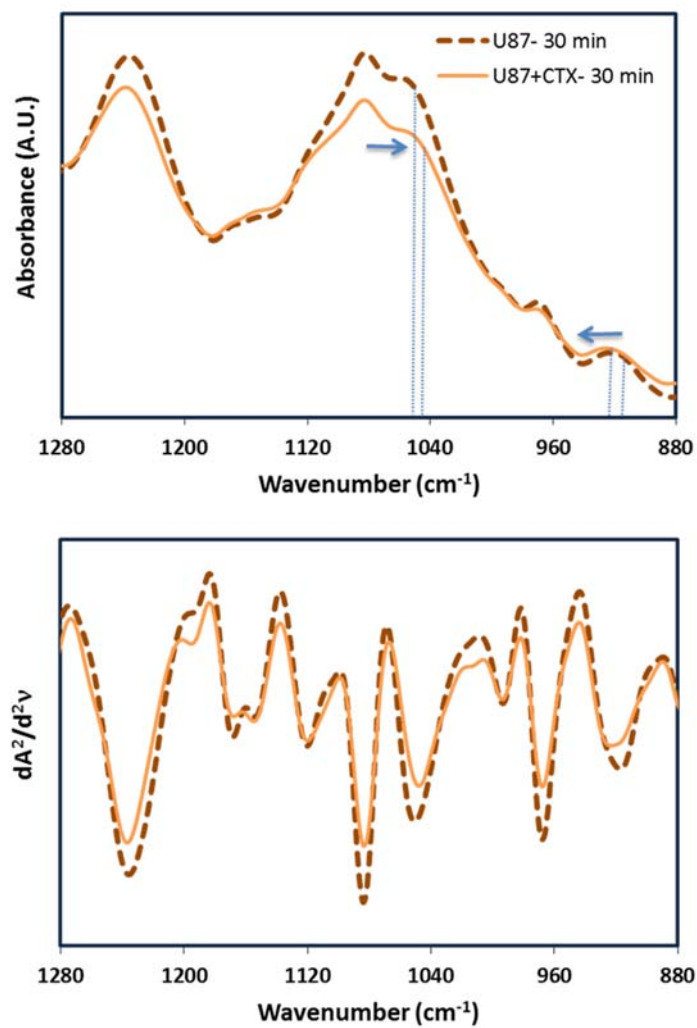


Figure 5.8 Absorption and second derivative spectra of U87 cells incubated with and without CTX for 30 min in frequency region of 1280–880  $\text{cm}^{-1}$

Table 5.3 Summary of changes observed in ATR-FTIR spectra of U87 cells incubated with and without CTX for 30 min

Wavenumber (cm <sup>-1</sup> )		Change	Assignment	Major Contribution
U87	U87+CTX			
1739	1744	+5 shift	$\nu(\text{C}=\text{O})$	Phospholipids – cholesterol ester
1684	1688	+4 shift		
1653	1656	+3 shift	Amide I, $\alpha$ -helix	Protein
1635		disappeared	Amide I, $\beta$ -sheet	Protein
1542	1548	+6 shift	Amide II, $\alpha$ -helix	Protein
1513	1516	+3 shift		
1492	1496	+4 shift		
	1465	appeared		
1454	1448	-6 shift	$\delta_{\text{as}}(\text{CH}_2)$ , $\delta_{\text{as}}(\text{CH}_3)$	Mainly lipids, with small contribution from proteins [11, 12, 19, 34, 35]
1440		disappeared		
1398	1404	+6 shift	$\nu_{\text{s}}(\text{C}=\text{O})$ of $\text{COO}^-$	Lipids
			$\delta_{\text{s}}(\text{CH}_2)$ , $\delta_{\text{s}}(\text{CH}_3)$	
1341	1350	+9 shift	$\text{CH}_2$ wagging	Phospholipid, fatty acid, triglyceride, amino acid side chains [19]
1191	1195	+4 shift		
1051	1047	-4 shift	$\nu(\text{C}-\text{O})$ , $\delta(\text{C}-\text{O})$	Polysaccharides , glycogen
916	922	+6 shift	$\nu(\text{COP})$	Phosphorylated protein [39] Ribose ring – RNA [19, 40]

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## CHAPTER 6: SUMMARY

This study reports a development of a localized and targeted drug delivery system using chlorotoxin (CTX) assisted thermosensitive niosome-chitosan hydrogel complexes for cancer treatment. With the controlled, sustained and targeted delivery features, this system represents a novel approach in cancer therapy.

Release rate studies indicated that embedding niosomes in chitosan hydrogel significantly extends the release rates. Embedding CTX along with niosomes in chitosan hydrogel resulted in slightly more extended release rates as compared to the release rates from niosomes alone in chitosan hydrogel. Attachment of CTX to the surface of niosomes shown by TEM imaging improved the stability of niosomes resulting in extended release rates. ATR-FTIR studies also confirmed the interaction of CTX with niosomes.

Thermosensitive chitosan hydrogels containing Paclitaxel (PTX)-loaded niosomes with various amount of crosslinker in their formulations (L-Ch, M-Ch and H-Ch) were also prepared. The incorporation of PTX-niosomes in chitosan hydrogels resulted in prolonged release profiles which lasted for more than 40 days in a pH-dependent manner. While L-Ch and M-Ch hydrogels indicated similar PTX release profiles, relatively slower release rates (around 10%) were found for H-Ch hydrogels. The release mechanism was identified as anomalous transport (a combination of diffusion-controlled and swelling-controlled release) for L-Ch hydrogels when incubated in PBS with pH 6.3. Major changes in swelling behavior were observed for L-Ch and M-Ch chitosan hydrogels with small physiologically relevant pH changes.

Having a sensitive and reproducible assay to detect the expression of MUC1 in various cancer cells is essential for further development of the drug delivery systems using chitosan hydrogel which have been shown to have a strong mucoadhesive property. Therefore, two variants of Cell ELISA assays using live and fixed cells were developed in this study. It was found that the Cell ELISA in live cells was not sensitive enough to detect a difference in MUC1 levels between the normal cells and tumor cells. However, we found that Cell ELISA in fixed cells followed by whole cell staining was a dependable method of MUC1 level detection in the normal and tumor cells showing significantly higher levels of MUC1 receptor in the tumor cells when compared to the normal controls. Both flow cytometry and Western blotting analyses correlated well with the Cell ELISA data and provided validation of the results.

ATR-FTIR spectroscopy was used to evaluate the biochemical changes in U87 glioma cells in response to incubation with CTX at different time intervals. The analysis of the integrated area ratios of the bands corresponding to major biochemical components indicated that the most significant changes between U87 and U87+CTX cells occurred at the incubation period of 30 min. Comparisons of the different regions of the spectra for U87 and U87+CTX cells incubated for 30 min revealed distinct changes and shifts in the band frequencies. The most significant changes occurred for the bands associated with CH<sub>2</sub> deformations, indicating lipid fatty acyl chain disorders. First, the 6 cm<sup>-1</sup> downshift of the CH<sub>2</sub> scissoring band at 1454 cm<sup>-1</sup> indicated conformational alteration in ordering and lateral packing of the hydrocarbon chains of the lipid molecules, suggesting transitions of the lipid chains from highly-ordered orthorhombic phases to a metastable hexagonal phase. This was further supported by 9 cm<sup>-1</sup> upshift of the band at 1341 cm<sup>-1</sup> associated with CH<sub>2</sub> wagging, which indicated an increase in the number of gauche conformers, implying an increase in conformational disorders of acyl chains in lipid bilayers of

U87+CTX cells compared to U87 cells due to CTX. These findings are particularly interesting, as they suggest CTX introduces disorders in lipid acyl chains of the lipids in U87+CTX cell membranes. They also indicate that by understanding the interactions between CTX and glioma cells, we can achieve the optimized design of CTX assisted drug delivery systems for targeting gliomas.

Together these findings are encouraging as they indicate the developed drug delivery system in this study with the distinct tumor targeting features and extended release profiles would improve the specific and efficient delivery of anticancer drugs to tumor cells without affecting normal cells.

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